



## Play and Leisure Functional / Manipulative Play

### Arts and Crafts

Taking part in art and craft activities can help your child in many ways. Arts and crafts activities can help to develop your child's imagination and creativity, their planning and organisation skills and fine motor skills.



Arts and crafts can be enjoyed at any age and can be done as a group activity or individually. You can also support your child's learning from school by linking activities to topics and school projects or linking with themes throughout the year: Easter, Christmas, Diwali, Hanukkah, Ramadan, Eid, Chinese New Year, Spring, Summer, Autumn, Winter etc.

### Activity Ideas

#### Crafts for Children 2 - 7 Years

Painting and drawing activities: using stampers and printing, finger painting and hand painting, scratch art, paint by numbers, stencilling, blow painting, crayon rubbings. You can use a variety of tools and everyday objects e.g. pencils, crayons, chalk, pens, toothbrushes, potatoes and other fruit or veg, string, sponges, cotton wool, bubble wrap, toilet roll tubes, bubble wrap etc.

Activities involving tearing, cutting and gluing: papier-mâché, collage, paper lanterns, sun catchers, paper chains, mask making, paper weaving etc.

Construction: pasta necklaces, playdough, salt dough, egg box construction, making a mobile, making cards, toilet roll tube construction, junk art, Hama beads etc.

**Please be aware that playdough (both shop bought and homemade) may contain wheat. Make sure you use a wheat free alternative if there is a known wheat allergy.**



Baking: stirring, using a rolling pin, using cutters, spreading, kneading, measuring etc. Ice and decorate cakes or biscuits using writing icing and sprinkles.





## Crafts for Children 7 Years and Older

- Painting.
- Drawing.
- Marbling paper.
- Melted crayon art.
- Scrapbooking.
- Origami.
- Decoupage.
- Yarn craft e.g. knitting, crochet, French knitting, rag rugging, weaving.
- Fabric craft e.g. cross stitch, embroidery, sewing, weaving.
- Clay modelling.
- Bead work, jewellery making, friendship bracelets, loom bands.
- Glass painting, ceramic painting.
- Nail art, hair braiding.
- Slime making, Gak, magnetic slime.



2 cups of plain flour  
2 tablespoons of vegetable oil  
½ cup of salt  
2 tablespoons of cream of tartar  
Up to 1 ½ cups of boiling water  
Food colouring (optional)

Mix the dry ingredients and oil in a large mixing bowl, add the colouring to the boiling water (if using). Gradually add the water until it comes together. Once the mixture is cool get your child to knead the dough until the stickiness has gone.

The playdough should last for up to 6 months if stored in an air tight container.



### Playdough Recipe

### Ingredients

2 cups of cornflour  
Water  
Food Colouring (optional)

### Method

Add enough water (and food colouring if desired) to the cornflour to create a firm consistency.

### Storage

The slime should only be kept for one day.



### Slime Recipe

## Useful websites

Parent Club [www.parentclub.scot](http://www.parentclub.scot)

Play Scotland [www.playscotland.org](http://www.playscotland.org)

Activity village [www.activityvillage.co.uk](http://www.activityvillage.co.uk)

Red Ted Art [www.redtedart.co.uk](http://www.redtedart.co.uk)

Nurture Store [www.nurturestore.co.uk](http://www.nurturestore.co.uk)

Pinterest [www.pinterest.com](http://www.pinterest.com)

Youtube search for kids crafts or the above activities.