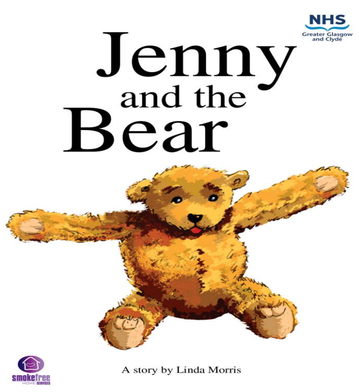
Jenny & the Bear

Lesson Plan 2018/2019

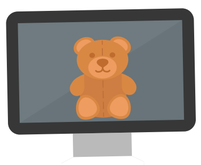


Learning Intentions:

I can:

- describe what is meant by second hand smoke
- describe why second hand smoke is bad for me
- describe what actions others can take to keep me safe from second hand smoke

Links to Curriculum for Excellence - Experiences & Outcomes



Health & Wellbeing
I understand there are things I should not touch or eat and how to keep myself safe, and I am learning what is meant by medicines and harmful substances. HWB 0-38a

Literacy
As I listen and talk in different situations, I am learning to take turns and am developing my awareness of when to talk and when to listen.
LIT 0-02a / ENG 0-03a

I listen or watch for useful or interesting information and I use this to make choices or learn new things. LIT 0-04a

I enjoy exploring events and characters in stories and other texts and I use what I learn to invent my own, sharing these with others in imaginative ways. LIT 0-09b / LIT 0-31a

Timeline:

- Register for programme by Friday 21st December 2018
- Resources sent to schools January 2019
- Teddy Name entries to be submitted to Quit Your Way by 28th February 2019
- Winners will be announced in April 2019

- All classes who submit a name will receive certificates of participation for every pupil with a list of all winning schools and names (April - June 2019)
- Winning classes will receive an A3 class certificate and A5 certificates and mini bears for every pupil

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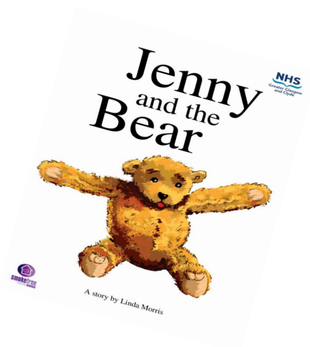
Your resource pack will contain:

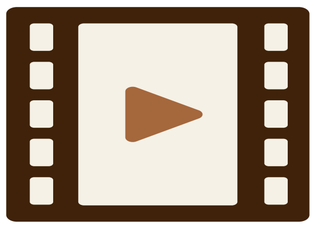


- A link to a video of the Jenny and the Bear story to watch in class
- Individual Jenny and the Bear booklets for each pupil to take home
- A competition name entry form (to enter the Name the Teddy competition) and a freepost envelope

Activity

Before the activity, set up the video for playback on your PC smartboard/monitor

www.youtube.com/watch?v=24RFDGeNnGU



1. Watch the video with your pupils

2. Discuss the story with the class

- Why was being near smoking bad for Jenny and her bear?
- What did the Doctor suggest Jenny's mummy and daddy could do to help?

3. Ask the children what name they would give to Jenny's bear, agree on a class name and enter the Name the Teddy competition

4. Distribute the booklets and ask the pupils to take home. Parents and carers can be asked to read the story with their children as a homework task and colour in the picture at the back of the book

5. Return class teddy name entry in prepaid envelope or email quityourway.smokefreeschools@ggc.scot.nhs.uk or visit www.nhsggc.org.uk/smokefree/jennyandthebear

Learning Extension

Additional activity sheets available from www.nhsggc.org.uk/smokefree/jennyandthebear

The secondhand smoke message also links with the Scottish Government national campaign www.rightoutside.org

QUIT YOUR WAY with our support

NHS Greater Glasgow and Clyde

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