

90 Minute Leadership



OD recognise the challenges our leaders have in managing time constraints and setting aside time for development activities. Short, intensive development sessions can be a useful way of learning. Rather than spending a full day covering a relatively wide range of topics, our "90 Minute" leadership sessions will focus on specific topics, concentrating on key issues rather than the broader picture.

The next session is:

"Dealing with Ambiguity and Change from an authentic Leadership Perspective"



How do you lead a team and meet targets when you're still trying to process the latest changes? Whether within the NHS or outside, change and ambiguity is a challenge we all face. Often the ramifications, whether positive or negative, can be wider than what was first intended. Furthermore, how change effects each of us can vary, depending on a number of factors including how much we are directly impacted by the changes and what else we are going through at the time. As a result it is difficult to suggest a singular, linear, one size fits all approach to dealing with change and ambiguity.

What this 90-minute workshop offers is a variety of tools you can draw on to support you in your journey as a leader within a changing system. We will touch on tools such as mindfulness and cognitive reframing but also explore other models and concepts. All of this will be offered in the broader context of Authentic Leadership. While there will be a degree of information sharing by the presenter, there will also be opportunities to play with some of the concepts and for discussion. The underlying intention is to give you tools you can apply with your self and your team back in the real world.

Those who are driven to develop as leaders but who find themselves regularly having to deal with change and ambiguity.

Who will benefit from attending the session?

Speaker:
Laura Kinsler, Yellow Owl

Time:
8:00am for 08:30am start - 10.00am finish

Room available from 8.00am

If you would like to attend, please complete the registration form and return to Lisa.donnely@ggc.scot.nhs.uk by **13th April**

Date:
Thursday 26th April 2018

Venue:
Room L0006, Teaching and Learning
Centre, Queen Elizabeth University
Hospital Campus