

Occupational Therapy Students

National Context

[Getting it Right for Every Child \(GIRFEC\)](#) is the national multi-agency approach to improving outcomes for children and young people in Scotland. It is the foundation for work with all children and young people and will also affect practitioners in adult services who work with parents and carers.



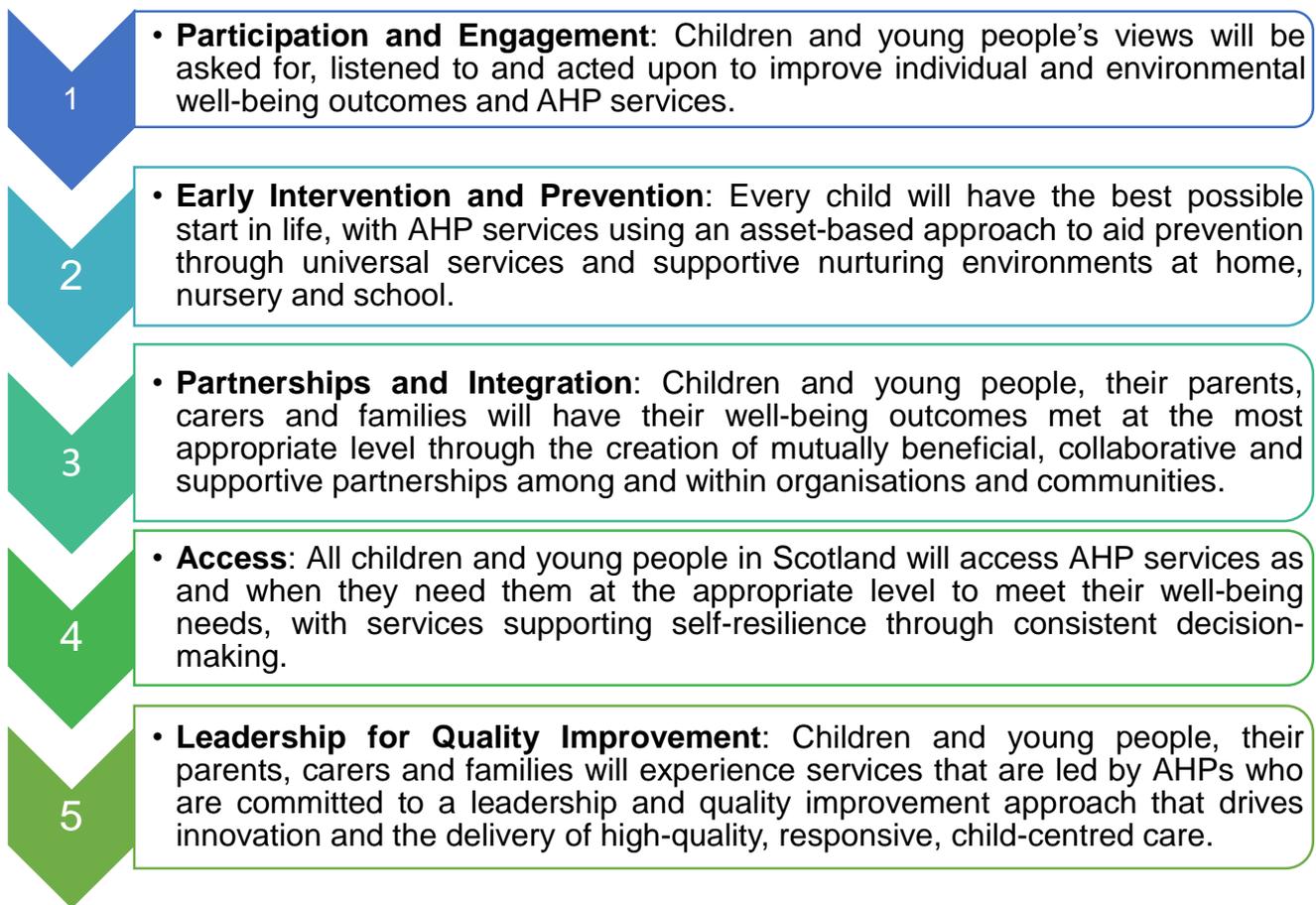
It builds from universal health and education services, and drives the developments that will improve outcomes for children and young people, by changing the way adults think and act, to help all children and young people grow, develop, and reach their full potential. It requires a positive shift in culture, systems and practice across services for children, young people and adults. Although the different agencies will keep their distinctive roles, they will now operate within a shared framework that underpins this approach.

[Ready to Act](#) is the first Children and Young Peoples (CYP) plan which focuses on how Allied Health Professionals (AHP) in Scotland work with CYP and demonstrates their importance in the strategic planning, development and delivery of services. Ready to Act is a transformational plan giving a national direction for AHP's working with children and young people.



The Plan connects to the current policy and legislative context for CYP in Scotland, supporting AHP's in their duties in relation to the Children and Young People (Scotland) Act 2014, recognising the use of The Getting it Right For Every Child (GIRFEC) model and the AHP contribution to other emerging national work, including Raising Attainment for all Programme and Outcomes relating to Education (Scotland) Bill.

The Plan has 5 ambitions which build upon the best evidence based practice for continuous improvement. A national approach promotes equity which is designed to maximise every child's well-being and provide the best possible start to life. The five ambitions are Participation and engagement, Early Intervention and prevention, Partnership and Integration, Access, Leadership and Quality Improvement.



The drivers set out in *The Mental Health of Children and Young People: A Framework for Promotion, Prevention and Care* articulate an expectation that NHS systems and integrated children’s service partners address a range of mental health needs and difficulties for children and young people across the whole continuum of mental health.

Similarly, Standard 9 “The Mental Health and Psychological Well-being of Children and Young People” of the National Service Framework (NSF) for Children and Young People, again articulates the need to establish a comprehensive CAMHS Service to promote the psychological well-being of children and young people along with the need for strong local “CAMHS Partnerships with all agencies that work with children, young people and their families/carers having a role to play in promoting their emotional and psychological well-being

Developments such as [Better Health Better Care \(2007\)](#), [Getting it Right for Every Child](#) and [NHSGGC Clinical Services Fit For The Future](#) have identified clear priorities for improving the outcomes for children and young people.



They articulate a number of principles which have underpinned the development of CAMHS Services, which will seek to improve outcomes for children and young people and deliver services and quality of care that is:

- Patient centred and focused on the needs of children and families.
- Delivered closer to home in the community and as accessible as possible.
- Enables children to get the help they need when they need it.
- Focused on co-ordination of care and clear points of contact.
- Supports more joined up working across Health and with our partners.
- Makes efficient use of resources to ensure financial and clinical sustainability.