



GGC Respiratory MCN Primary Care Newsletter



Welcome to this first edition of the Respiratory MCN Primary Care Newsletter. The purpose is to share resources, links and guidance to aid primary care clinicians in managing patients with respiratory illness.

Information overload is a prominent part of all our working lives, so we will try very hard to make this newsletter navigable, concise and relevant.

Feedback, suggestions, etc., are very welcome – Isobel.Baxter2@ggc.scot.nhs.net

The Important Box! - Where to find Information

[GGC Respiratory MCN Website](#)

This address is the GGC Respiratory MCN Website. Add it to your favourites – it *will* be useful!

(If you are reading this as a paper copy, just Google: *GGC Respiratory MCN*)

Go there for all our clinical and prescribing guidance, protocols, action plans, patient leaflets and news, including upcoming educational events.

For those who prefer the full version of the link:

<http://www.nhsggc.org.uk/about-us/professional-support-sites/heart-stroke-diabetes-rheumatology-and-chronic-pain-mcns/respiratory-mcn/>

GGC Adult Asthma Guideline

Now updated to reflect the SIGN/BTS changes, this is a two sides of A4, quick reference guide to aid your asthma consultations. Diagnosis, the RCP 3 questions, treatment algorithm, inhaled steroid dosages, action plans, when to refer and much more – downloadable from the website.

GGC COPD Guideline

Newly updated; COPD management is changing, and there has been a dizzying increase in the number and combinations of inhalers available. Like our asthma guideline, this is designed as a brief, user friendly clinician's aide. Use in combination with the GGC COPD Inhaler Guide to navigate the changes. Both on the website.

Practice Nurse Support and Development Team

Our team provides support to Practice Nurses throughout NHSGGC. This includes Governance issues through to nurses developing their competencies. We have produced various documents to complement this including Respiratory Learning Opportunity Tables. For more information on how we can support you please contact PNA.Team@ggc.scot.nhs.uk

COPD Direct Access Spirometry service for Glasgow Practices

The service, as all referrers will be well aware, has struggled with an increasing waiting list for some time. We are delighted to report that funding has been released by GGC to address this, and we expect catch up to begin soon. Please see the guidance for spirometry referral on the website, including diagnosis of asthma.

Pulmonary Rehabilitation

Patients with COPD stage 3 and above should be referred for Pulmonary Rehab. It is often overlooked, but improves morbidity, mobility and quality of life. We have an excellent team who operate from a number of centres so there will be a class near your practice. Information and referral documents on the website.

A what?

Unsure of what your new patient is taking, what your patient has been discharged from hospital with, what exactly you are prescribing or just that you and your patient are talking about the same thing? The GGC Inhaler Identification Guide has colour pictures of every inhaler out there.

In case you haven't got the message from all of the above – it's on the website!

We hope to provide all the respiratory resources you need in day to day practice on one simple to navigate site.

Please use it. And if there is information you think we should add, let us know.