

90 Minute Leadership



OD recognise the challenges our leaders have in managing time constraints and setting aside time for development activities. Short, intensive development sessions can be a useful way of learning. Rather than spending a full day covering a relatively wide range of topics, our "90 Minute" leadership sessions will focus on specific topics, concentrating on key issues rather than the broader picture.

The next session is:

"Emotional Intelligence"



One of the key characteristics required for modern leadership is the ability to inspire and connect with people on an emotional level. For example, relating constructively to team members and colleagues, or having insight into how personal behaviour is affecting professional relationships. Emotional intelligence plays a vital part in enabling managers to understand themselves and others. Studies have found that EI is a necessary part of all leader's development, this was particularly true for technical or functional leaders. It was established that emotional intelligence was a particularly successful predictor of professional advancement for this group. Technical leaders operating in specialist areas were often less adept at influencing others and more frequently operated in an introverted way.

The desired outcome of this short session is to begin to develop an enhanced understanding of the impact of Emotional Intelligence on professional success through further developing personal effectiveness and the ability to build and maintain constructive professional relationships, with the intention of strengthening/accelerating organisational effectiveness.

This is a short 90 Minute introduction, and it is intended that participants will leave with a practical "take away" and a motivation to learn more. This is a pragmatic session based on sound theory but focusing on its practical, everyday application, in an interesting and enjoyable way.

For those wanting a few practical techniques to add to their leadership toolkit, to assist in better understanding the role and impact of personal behaviour as a means of enhancing leadership roles and interpersonal skills.

Speaker:
Sue Simpson, Sue Simpson Associates

Time:
8:00am for 08:30am start - 10.00am finish

Date:
Tuesday 30th January 2018

Venue:
Campanile Hotel, 10 Tunnel Street, Glasgow

Who will benefit from attending the session?

Room available from 7.30am

If you would like to attend, please complete the registration form and return to Lisa.donnely@ggc.scot.nhs.uk by **19th January.**