Inpatient Education Classes for Self Management of Chronic, Long-Term Conditions

Feedback Ratings From Class Attendees
23\textsuperscript{rd} March 2015 - 29\textsuperscript{th} May 2015
Figure 1 demonstrates that of those patients providing feedback for the Heartmath class during the data collection period, a large proportion rated the class on the upper half of the benefit scale. Notably, 61% of patients rated the class as 10 of 10 (of excellent benefit to them).

Figure 2 demonstrates that of those patients providing feedback for the Mindful Movement class during the data collection period, a large proportion rated the class on the upper half of the benefit scale. Of note, 63% rated the class as 10 out of 10 (of excellent benefit to them).
Figure 3 demonstrates that of those patients providing feedback for the Spiral of Chronic Health Issues class during the data collection period, all ratings were in the upper half of the beneficial scale. Over half of patients, 54%, rated the class as 10 out of 10 (of excellent benefit to them).

Figure 4 demonstrates that of those patients providing feedback for the Stress class during the data collection period, all ratings were again in the upper half of the beneficial scale. Over half of patients, 51%, rated the class as 10 out of 10 (of excellent benefit to them).
Figure 5 demonstrates that of those patients providing feedback for the Nutrition class during the data collection period, all ratings were in the upper half of the beneficial scale. Of note, 55% of patients rated the class as 10 out of 10 (of excellent benefit to them).

Figure 6 demonstrates that of those patients providing feedback for the Pacing / Reducing Sedentary Behaviour class during the data collection period, a large proportion rated the class on the upper half of the benefit scale. Importantly, 62% of patients rated the class as 10 out of 10 (of excellent benefit to them).
Figure 7 demonstrates that of those patients providing feedback for the Sleep class during the data collection period, a large proportion rated the class on the upper half of the benefit scale. Notably, almost half of these patients, 49%, rated the class as 10 out of 10 (of excellent benefit to them).