

# pre-retirement.

**Length of course:** 1 day or 1/2 day

**Summary:** To encourage a positive and realistic approach to a financially secure retirement and help delegates make informed choices about their retirement.

**Suitability:** Anyone, regardless of grade considering retirement within the next eighteen months

## Course objectives:

- Changes in your lifestyle and options available to build a new way of life
- Choices you need to make about your occupational pension before you leave
- Where you can expect income from and how it is taxed differently in retirement
- What different savings and investments can do for you
- Why increased life expectancy escalates the dangers of inflation and how to combat it
- How to ensure your estate is passed to your intended beneficiaries
- How to deal with long term care costs and inheritance tax
- Understand your next steps & where you can receive further guidance & advice

## Course structure

### Changes to your lifestyle\*

- What does retirement mean for you?
- What work gives you?
- Changes in the use of your time
- Making the most out of retirement

### When can I retire?

- Expenditure in retirement
- Can you afford to retire?
- Changing income needs



### State pension & benefits

- State pension ages
- The new state pension
- Other age related benefits



### Workplace pensions

- Defined Benefit schemes
- Defined Contribution schemes
- Retirement ages
- Choices on retirement

*\*section is not included in half day course*

### Inflation

- How inflation can erode the value of money
- Life expectancy

### Savings & investments

- Risk and return



### Personal taxation

- Income tax
- Personal savings allowance
- Tax free dividend allowance
- Capital gains tax
- ISAs



### Estate planning

- Inheritance tax
- Wills and intestacy
- Lasting Power of attorney



### Long term care

- Financial assessment