Glasgow Health Board, Parkhead Junior, Psychiatry, MH06 11.8drs 7 shift working Opt1 Nov15, STR, Resident. No monitoring.

Band 1B (Based on template only)

Steps through the banding flowchart:

- New Deal Compliant

- Average work 48 hours a week or less

- Work pattern is a full shift, partial shift or hybrid

- Less than 1/3 of duty hours outside 7am to 7pm Mon-Fri (.196) and less than 1 weekend in 4 (1 in 6.00)

Riddell Formula Calculations

Prospective cover for: Duties outside normal hours.

Leave: STR - 65 days/annum for 12 doctors = 780 days/annum

Total leave to be covered for the group = 780 days/annum

Between 12 doctors this is 65 days/annum each (13 wks/annum each)

Number of hours in a leave week = 40 (the hours in the normal working week)

For every leave day in the pattern, 08:00 hours has been added to the duty and work hours

(This figure is a fifth of the hours in a leave week)

Riddell hours = (Wkly hrs\*52 - Hol Wks\*Hrs in leave wk)/(52-Hol wks)

Riddell duty hours = ( 2755\*52 - 13 \* 2400)/(52 - 13) = 2873.33 = 47:53

Riddell work hours = ( 2641.25\*52 - 13 \* 2400)/(52 - 13) = 2721.67 = 45:22

New Deal Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of duty | 47:53 | 60:00 |  |
| Average weekly hours of work | 45:22 | 56:00 |  |
| Longest duty (Partial) | 12:30 | 16:00 |  |
| Longest duty (Full Shift) | 12:30 | 14:00 |  |
| Shortest off duty | 11:30 | 08:00 |  |
| Longest 'off duty' period | 76:00 | 62:00 |  |
| Next longest 'off duty' period | 71:30 | 48:00 |  |
| Maximum consecutive duty days | 7 | 13 |  |
| 62+48 hr. breaks every 28 days | OK |  |  |
| Ave tot rest wkday (Partial) | 03:15 | 03:02 | (25% of out of hours duty) |
| Ave tot rest wkend (Partial) | 03:15 | 03:04 | (25% of out of hours duty) |
| % of duties with adequate rest | 100 | 75 |  |

European Working Time Directive Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of work | 47:53 | 48:00 |  |
| Average hours (before adjustments) | 45:55 |  |  |
| Starting each Monday, a 35 hour continuous rest in 7 days or a 59 hour continuous rest in 14 days | OK |  |  |
| 11 hrs continuous rest in any 24 hour period | OK |  |  |

Template work pattern

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Wk | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| 1 | C: Long Day  09:00 21:30 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 |  |  |
| 2 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | C: Long Day  09:00 21:30 | C: Long Day  09:00 21:30 | C: Long Day  09:00 21:30 |
| 3 | Zero Hours | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | C: Long Day  09:00 21:30 | Stnd Day  09:00 17:00 |  |  |
| 4 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | C: Long Day  09:00 21:30 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 |  |  |
| 5 | Stnd Day  09:00 17:00 | C: Long Day  09:00 21:30 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 |  |  |
| 6 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 |  |  |
| 7 | B: Wk day night  21:00 09:30 | B: Wk day night  21:00 09:30 | B: Wk day night  21:00 09:30 | B: Wk day night  21:00 09:30 | Zero Hours |  |  |
| 8 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 |  |  |
| 9 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | B: Wk day night  21:00 09:30 | B: Wk day night  21:00 09:30 | B: Wk day night  21:00 09:30 |
| 10 | Zero Hours | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 |  |  |
| 11 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 |  |  |
| 12 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 | Stnd Day  09:00 17:00 |  |  |

Template normal working days

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Normal Week | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| Mon | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Tue | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Wed | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Thu | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |
| Fri | 09:00 | 17:00 | 00:00 | 08:00 | 0 | 00:00 | 00:00 | 00:00 | 00:00 |

Template on call duties

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Name | Intensity | Resident | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| B: Wk day night | Partial Shift | Yes | 21:00 | 09:30 | 03:15 | 12:30 | 0 |  |  |  |  |
| C: Long Day | Full Shift | Yes | 09:00 | 21:30 | 00:00 | 12:30 | 0 |  |  |  |  |
| D: Wknd Night | Partial Shift | Yes | 21:00 | 09:30 | 03:15 | 12:30 | 0 |  |  |  |  |

**New Deal / WTR Footnote**

This Full Shift rota has been checked and complies with the limits of the New Deal Contract for Training Grade Doctors.

On-going compliance relies on start and finish times being adhered to, natural breaks being achieved as per HDL 2003\_10 and all other New Deal limits being met.

This rota also complies with the limits of the Working Time Regulations, including the 48 hour working week.

Riddell is included for all leave.

Daniel MacDonald

**Programme Director**

**Tel: 07818012167**

**Email:** [**daniel.macdonald@scotland.gsi.gov.uk**](mailto:daniel.macdonald@scotland.gsi.gov.uk)

**14th December 2015.**