Glasgow Health Board, Stobhill Junior, Psychiatry, MH01 11.6dr 7 shift working Opt3Jan16, STR, Resident. No monitoring.

Band 1B (Based on template only)

Steps through the banding flowchart:

 - New Deal Compliant

 - Average work 48 hours a week or less

 - Work pattern is a full shift, partial shift or hybrid

 - Less than 1/3 of duty hours outside 7am to 7pm Mon-Fri (.202) and less than 1 weekend in 4 (1 in 5.75)

Riddell Formula Calculations

Prospective cover for: Duties outside normal hours.

Leave: SHO - 68 days/annum for 11 doctors = 748 days/annum

Total leave to be covered for the group = 748 days/annum

Between 11 doctors this is 68 days/annum each (13.6 wks/annum each)

Number of hours in a leave week = 40 (the hours in the normal working week)

For every leave day in the pattern, 08:00 hours has been added to the duty and work hours

(This figure is a fifth of the hours in a leave week)

Riddell hours = (Wkly hrs\*52 - Hol Wks\*Hrs in leave wk)/(52-Hol wks)

Riddell duty hours = ( 2770.44\*52 - 13.6 \* 2400)/(52 - 13.6) = 2901.63 = 48:22

Riddell work hours = ( 2651.74\*52 - 13.6 \* 2400)/(52 - 13.6) = 2740.9 = 45:41

New Deal Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of duty | 48:22 | 60:00 |  |
| Average weekly hours of work | 45:41 | 56:00 |  |
| Longest duty (Partial) | 12:30 | 16:00 |  |
| Longest duty (Full Shift) | 12:30 | 14:00 |  |
| Shortest off duty | 11:30 | 08:00 |  |
| Longest 'off duty' period | 76:00 | 62:00 |  |
| Next longest 'off duty' period | 76:00 | 48:00 |  |
| Maximum consecutive duty days |  7 | 13 |  |
| 62+48 hr. breaks every 28 days | OK |  |  |
| Ave tot rest wkday (Partial) | 03:15 | 03:02 | (25% of out of hours duty) |
| Ave tot rest wkend (Partial) | 03:15 | 03:04 | (25% of out of hours duty) |
| % of duties with adequate rest |  100 | 75 |  |

European Working Time Directive Analysis

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Actual | Target | Comments |
| Average weekly hours of work | 45:28 | 48:00 | As per CEL14 (2009) calculation |
| Average hours (before adjustments) | 46:10 |  |  |
| Starting each Monday, a 35 hour continuous rest in 7 days or a 59 hour continuous rest in 14 days | OK |  |  |
| 11 hrs continuous rest in any 24 hour period | OK |  |  |

Template work pattern

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Wk | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| 1 | C: Long Day09:00 21:30 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 2 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: Long Day09:00 21:30 | C: Long Day09:00 21:30 | C: Long Day09:00 21:30 |
| 3 | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: Long Day09:00 21:30 | Stnd Day09:00 17:00 |  |  |
| 4 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: Long Day09:00 21:30 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 5 | Stnd Day09:00 17:00 | C: Long Day09:00 21:30 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 6 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 7 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 | Zero Hours |  |  |
| 8 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 9 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 |
| 10 | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 11 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 12 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 13 | C: Long Day09:00 21:30 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 14 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: Long Day09:00 21:30 | C: Long Day09:00 21:30 | C: Long Day09:00 21:30 |
| 15 | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: Long Day09:00 21:30 | Stnd Day09:00 17:00 |  |  |
| 16 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | C: Long Day09:00 21:30 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 17 | Stnd Day09:00 17:00 | C: Long Day09:00 21:30 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 18 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 19 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 | Zero Hours |  |  |
| 20 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 21 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 | B: Wk day night21:00 09:30 |
| 22 | Zero Hours | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |
| 23 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 | Stnd Day09:00 17:00 |  |  |

Template on call duties

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Name | Intensity | Resident | Start | End | Rest | Hours | Num of Diary Cards | Ave Start | Ave End | Ave Rest | Ave Hours |
| B: Wk day night | Partial Shift | Yes | 21:00 | 09:30 | 03:15 | 12:30 | 0 |  |  |  |  |
| C: Long Day | Full Shift | Yes | 09:00 | 21:30 | 00:00 | 12:30 | 0 |  |  |  |  |
| D: Wknd Night | Partial Shift | Yes | 21:00 | 09:30 | 03:15 | 12:30 | 0 |  |  |  |  |

**New Deal / WTR Footnote**

This Full / Partial Shift rota has been checked and complies with the limits of the New Deal Contract for Training Grade Doctors.

On-going compliance relies on start and finish times being adhered to, natural breaks being achieved as per HDL 2003\_10 during the Full Shifts and all other New Deal limits being met.

During the Partial Shifts, 25% of the out of hours time is required as rest and should be achieved on at least 75% of occasions.

This rota also complies with the limits of the Working Time Regulations, including the 48 hour working week.

Riddell is included for all leave.

Daniel MacDonald

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**25th January 2016.**