Training & Development Opportunities
Workforce Development: Health Inequalities

To find out more about our training opportunities
visit: http://www.phru.net/hrbc/default.aspx
Health Matters
Conversations about change

Face to Face

Lifestyle choices like what we eat, how active we are, the amount of alcohol we drink, if we smoke and life circumstances e.g. finances etc have a significant impact on the health of individuals and communities. Many of us in our day to day work have the opportunity to talk with our client group about lifestyle choices and how they impact on health and wellbeing. NHS Greater Glasgow and Clyde have developed a range of health behaviour change training to support person centred methods of talking about and supporting health behaviour change.

Is this training for me?

This training is suitable for those with little or no training in health behaviour change and who have an opportunity to talk with their client group about lifestyle.

Course Length:
Half day (9:15am-1:15pm)

What will I learn?

How to:
- Identify factors which influence decisions to change and consider health inequalities
- Introduce communication skills including open questioning, reflecting, giving feedback and summarising
- Describe the range of services that can provide support to individuals to enable lifestyle change
- Identify opportunities in your own practice to incorporate conversations about change

When & Where:
07/10/15 Stobhill Hospital
02/12/15 Vale of Leven Health & Care Centre
03/02/16 Eastbank Health Promotion Centre - Shettleston
04/11/15 Campanile (City Centre)
06/01/16 Adelphi Centre, Gorbals
02/03/16 Campanile (City Centre)

Cost: Free

Find out more:
http://www.phru.net/hrbc/default.aspx

To book contact:
HIAadmin@ggc.scot.nhs.uk

KSF Core Dimension:
(NHS Staff - this course may contribute to the achievement of KSF Dimensions HWB 2 & 4).

PHKSF Core Competencies:
To be confirmed

KSF Specific Dimension:
To be confirmed
Questionnaire design and testing
(quantitative data collection)

The course aims to enable participants to have a good awareness of the optimal ways to word individual questions and create the questionnaire as a whole.

Is this training for me?
The course will benefit anyone who wishes to conduct their own survey or commission a survey. The course is suitable for people new to questionnaire design as well as those who have experience, but would like to brush up on the latest thinking.

Course Length:
One day

What will I learn?
You will:

- Have a greater awareness of the different aspects involved in writing good survey questions and questionnaires, taking into account the important differences between questionnaire design for interview surveys versus self-completion surveys.
- Have the tools to critique existing surveys.
- Have the knowledge to be able to write their own high quality questionnaires.

When & Where:
Various see link below.

Cost:
£260

Find out more:
http://the-sra.org.uk/training/

To book contact:
http://the-sra.org.uk/training/

KSF Core Dimension:

KSF Specific Dimension:
IK2 Information collection and analysis

PHKSF Core Competencies:
Collect and record data on health and wellbeing (quantitative design)