The new ICE age

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A three-year trial has begun involving the four GP practices in Govan Health Centre to reduce the rates of unscheduled care at emergency departments and cut delayed discharges.

Known as the Govan Social and Health Integration Partnership (SHIP) Project, the aim is to draw up care packages for patients before they reach a crisis and are admitted to hospital.

The project has been developed in response to additional demands, changes in population, increases in the prevalence of long-term health conditions and the impact of deprivation.

Multi-disciplinary teams have been put together with a core membership of health, social work and third sector staff.

There are distinct social workers – one for children and families, and one for adults, including the frail and elderly – who are working together with district nurses, health visitors and other practice and primary care staff.

John Montgomery, project lead, said: “We realised we have to reconfigure the way we deliver primary care to our patients.

“As a result, we have developed a model where we identify patients who frequently attend one of the practices or hospital emergency departments and now tailor a healthcare package to best meet their needs.”

Funding for the initiative has come from the Scottish Government and there is support from Glasgow City Health and Social Care Partnership, South Sector.

John went on: “Increased appointment times are scheduled for patients with long-term illnesses and multi-morbidities.

“This allows us to have a fuller understanding of the health and social challenges they face.

“As a result we are providing unconditional, personalised continuity of care whatever combination of problems patients may have.

“There is now the capacity to offer emergency GP slots rather than have people present to hospital emergency departments.”

Dr Fraser Denny, consultant in emergency medicine at the Queen Elizabeth University Hospital Glasgow, added: “Through this collaborative approach, we can address continuity of care for people who frequently use acute services when they should be attending their GP and other services.”

Tailored primary care to reduce admissions

Project aims to catch patients before they reach crisis
Muddy marvellous!

Amanda toughs it out for good cause

COMMUNICATIONS graphic designer Amanda McNelis trained hard for the ultimate challenge of a gruelling Tough Mudder set in the grounds of Drumlanrig Castle, in Dumfries and Galloway.

It was a stamina-sapping, lung-busting route of hills, ice cold lochs and mud, but first-timer Amanda completed the course in an impressive three-and-a-half hours.

Sponsored by family, friends and colleagues, Amanda undertook her ordeal in aid of the “Brick by Brick Appeal” to build a new £21m purpose-built Prince and Princess of Wales Hospice in Bellahouston Park, Glasgow... a cause that the NHSGGC Comms team have pledged to raise £10,000 for during 2015/16.

She said: “It was on my bucket list as one of the things I wanted to do to get fitter before turning 40 next year.

“It was a brilliant day, and great fun, and there was so much camaraderie among everyone taking part.

“The worst bit was doing a GI-style crawl through tear gas, but I’ll be back next year!”

To help boost the NHSGGC Comms Brick by Brick total, visit: www.justgiving.com/comms1050brick

GLASGOW’S Shawmill Resource staff decided to get down and dirty for charity by taking part in the 5k Pretty Muddy at Bellahouston Park, raising more than £1,100 for Cancer Research.

The team took on mud slides, rope climbs, crawling under rope while knee deep in mud, and other obstacles while the organisers threw water and mud in their direction.

The ‘Shawmill Six’ were marshalled by community psychiatric nurse (CPN) Pauline Blake, who said: “We’ve all been affected in some way by cancer through family members and friends, and we lost an ex-colleague recently to bowel cancer.

“I’m not sure how pretty we all looked at the end, but it was worth it and we plan to do it again next month!”

It was pretty muddy... but worth it

The Shawmill Six (from left): Marion Deed, clinical support worker; Rosie Wilson, student nurse in learning difficulties; and CPNs Pauline Blake, Rosemary Wilson, Lorraine Kirk and Laura O’Reilly

Amanda McNelis: one tough mudder!
A major project will involve the decommissioning and demolition of old and redundant buildings on the west side of Langlands Drive.

Vacated after services transferred into the QEUH, it is expected that this area will be levelled by Christmas to make way for Central Park, a landscaped space for patients, visitors and staff.

At the west end of the campus, beside the Royal Hospital for Children Glasgow, a new park with play facilities for young patients and their siblings is under construction, and both parks are due to be open next September.

The road network will be completed during this time, and a car park is being built on the site of the old outpatient department. It should be open by next summer.

The work will cost £5.2m.

The Imaging Centre of Excellence (ICE) project.

A collaboration with the University of Glasgow, this world-class, four-storey building will bring together international leading academic expertise in stroke, cardiovascular and brain imaging. It will cost around £32m in total and is expected to be completed in December 2016.

The building grid and cladding panels have been arranged into "slices" to replicate the images taken by an MRI scanner.
21st-century centres

Multi-million pound investment in health and social care continues

The announcement that £38m funding has been agreed to deliver two new purpose-built health centres heralds the latest stage in a massive multi-million pound investment in modernising the health and social care programme.

Clydebank and Greenock health and care centres are at the beginning of the formal design and tender stages, which must be agreed before construction can begin.

Meanwhile, the building of four other major health centres – Woodside, Gorbals, Maryhill and Eastwood – is under way, representing a total investment of more than £45m.

Since 2010, a further £77m has been spent delivering health care centres in Renfrew, Vale of Leven, Barrhead and Pollokshields, while Bridgeton and the Child and Family Centre in Drumchapel have been refurbished and extended.

In total, more than £155m has been invested in the past five years.

For Clydebank, the centre will enable the new West Dunbartonshire Health and Social Care Partnership (WD HSCP) to provide one-stop access and improved accessibility for patients to an increased range of community services, and acute outreach.

This includes intermediate care and on site rehabilitation, imaging, and children’s services.

There will also be pre and post-operative assessment clinics for ambulatory care hospital patients.

Gail Casey, chair of the WD HSCP Board, said: “This is fantastic news and a fitting start for our newly established health and social care partnership, for whom this is a key priority development. “As well as the health benefits that this investment will bring, it will also contribute significantly to the wider regeneration of the Queens Quay area of Clydebank.

“I’m delighted that thousands of local residents will now get the new health and care centre they deserve.”

In Greenock, the new centre will not only offer a high-quality physical environment for patients and staff, but will tackle the causes of inequalities through wider financial inclusion services, hosting employability and third sector partners.

Due to better co-location, GP practices will have a wider range of services available which will improve referral pathways, offering a more streamlined approach for the patient/client.

It will also help to identify specific areas for speedier and enhanced roles in unscheduled and primary care to provide a whole system response.

Inverclyde Health and Social Care Partnership chair Joe McIlwee said: “This is fantastic news for Greenock and for Inverclyde. The new centre will be a state-of-the-art facility providing first-class services to our communities.

“There has been a lot of hard work over many months to reach this important milestone and I am looking forward to being involved in the planning and delivery of the new health centre.

“We face increasing pressures on our health service as the population ages so it was important to come up with the ways and means to provide a health centre fit for the 21st century.”
THE deadline for staff at the Queen Elizabeth University Hospital Glasgow and the Royal Hospital for Children Glasgow to apply for a framed reproduction from the stunning and unique 100 Flower Art collection has been extended to 30 September.

Requests can be made for prints to brighten up patient, public and staff areas, with the work bought through funding from Endowments.

The collection includes work from local, Scottish and international artists, as well as work produced by patients, young people and community groups. Some works cannot be reproduced, so make sure you go to Hot Topics on StaffNet to follow the links to view the collection, read information and download the application form.

For more information, contact: Jackie Sands, health improvement senior (arts and health), tel: 0141 2014876 or email: jackie.sands@ggc.scot.nhs.uk.

Steve Retson Project (SRP), a sexual health service for gay and bisexual men, is moving to a new home in Glasgow.

Now in its 21st year, the project is gradually relocating from The Sandyford in Sauchiehall Street, to new offices at 30 Bell Street, in the Merchant City.

The first drop-in clinic is already open, on Thursdays between 4.30-7pm, and includes an HIV test with results available within 60 seconds, and three more clinics will be set up over the next few months.

Nicky Coia, health improvement and strategy manager (sexual health), explained that the men dropping in at Bell Street found the new service easier to go to.

He went on: "We had more than 3,000 responses from men to a FAQ sexual health survey we conducted recently, and from that, men have told us how services should be provided to support them with the issues which lead some men to taking part in risky behaviour.

"This means providing additional support for relationship concerns, including emotional and mental wellbeing issues.

"We need to make looking after your sexual health easy and so taking the testing service into the heart of the city demonstrates how easy it now is to get a full sexual health check up, including an HIV test. "It’s also about removing barriers, almost ‘normalising’ the HIV test. One of our objectives is encouraging men not only to have one test, but to also frequently re-test if they have had sex with someone else since their last test."

"At this new base, we are promoting frequent testing, proving how straightforward it is to get a test, and get the results instantly. If the test is positive, this will be followed up by a confirmation test and we will arrange follow on care and support."

This year, SRP is also the main sponsor of the community Expo area at the Pride event taking place over the weekend of 22 and 23 August at Glasgow Green.

The Expo is a collection of stalls promoting community groups, including an on-site HIV 60-second test.

Julian Heng, health improvement lead (sexual health), said: "We are sponsoring the Expo area because we want to make the new service visible, and promote the health of gay and bisexual men. "The SRP is an important integral part of the gay community in Glasgow and I believe it is really important to show support for Pride and men who have sex with men."
A HEALTH Information and Technology (HI&T) team led by account manager Finlay Craig is celebrating winning two gongs at the Holyrood Connect Digital Awards.

The Connect Mobile Award was presented for mobilising district nurses with technology and applications that enable them to update patient records in real time, as well as being able to access patients’ entire records without having to return to base. As a result, district nurses can spend more time with patients, order equipment on the spot and make arrangements that suit patients.

The Connect Digital Health prize was for a clinical information system implemented to unify information sharing within specialist and universal children’s services.

The programme team created a shared electronic record that can be accessed by different healthcare teams involved in the care of patients with complex needs, replacing separate service paper records.

The benefits include speeding up decision-making because teams have instant access to information that was either previously inaccessible or could have taken weeks to receive from paper notes.

Above (from left): Finlay Craig, Elaine Bell, Karen McFadden and Graham Tytler

HIT&T is a hit with judges!

A NATIONAL review of primary care out-of-hours services is under way. Staff are invited to give their views. The aims include ensuring that people have the best quality of life they can, while maintaining independence in a homely setting for as long as possible.

Keith Redpath, chief officer of West Dunbartonshire HSCP, said: “It is great that the work being done in West Dunbartonshire is being held up as an example to the rest of Scotland of how to approach the palliative care needs of residents in a joined-up manner across health and social care services. “This can be such a difficult and upsetting time in people’s lives and I am delighted that our approach to this care is receiving such credit, as I know how dedicated all the staff are when caring for residents at the end of their lives.”
Riders gear up!

Brian successfully applied for £2,800 from Endowments and this will pay for starter packs for the group, which will include rain covers, plastic bottles and basic repair kits.

He and colleagues charge nurse Jon McCrossan and staff nurse Iain Pearson recently took part in the Dunoon Dynamo night ride and raised £1,878, which is being split between the Royal Hospital for Children Glasgow and the charity Visibility Scotland.

Future plans include trips to Loch Lomond, the Kelpies, Arran, linking in to local Sky rides and bookling the Sir Chris Hoy Velodrome.

For more information about the group, contact: Iain.Pearson@ggc.scot.nhs.uk or iain.pearson@nhs.net or visit: www.strava.com/ clubs/gartnavel-gears-107175

Tony’s charity cycle

HE might be feeling a little saddle sore, but the pain was worth it for Tony Curran, head of capital planning and procurement, who has raised more than £22,000 following an epic 100-mile sponsored cycle.

It was all in aid of “Calum’s Cabin”, a charity set up by Caroline and Duncan Speirs in memory of their son who died from an inoperable brain tumour aged 13.

The holiday cabin is located on the Isle of Bute, where the family live, and offers children and their families who are dealing with cancer a break away and respite.

Tony decided to help organise the fundraiser, involving 50 cyclists, after meeting Caroline and Duncan at last year’s Health Facilities Scotland conference, where they gave a presentation.

The other organisers were Steve Irvine, from construction company Laing O’Rourke, and Calum MacCalman of architects Archial Norr.

Tony said: “It was a privilege to meet Caroline and Duncan and hear the story of their selfless journey to set up such a wonderful charity.

“It really tugged at your heart strings; they truly are remarkable people. The cycle also gave us an opportunity to visit the cabin and present the cheque because it is only four miles from our final destination, Rothesay Ferry Terminal.”

The tough route began with a ferry from Wemyss Bay to Rothesay, involved six ferry trips and 80,000ft of climbing, before returning to the mainland.

Tony added: “When we finished the ride at Calum’s Cabin we were all quite humbled. It is a fabulous, local charity and we are pleased that we have helped them continue with their work.”

For more information about Calum’s Cabin, visit: www.calumscabin.com

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Question: What’s the name of the new “cool” building on the Queen Elizabeth campus?

>> For more information about Calum’s Cabin, visit: www.calumscabin.com

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The competition is open to all NHSGGC employees. Only one entry per person. Winners must be available for a photograph, which may be printed with their details in future issues of SN. The Closing date for entries is 31 August 2015. Prize is a three-night (Fri-Mon) or four-night (Mon-Fri) break in a Superior Caravan at either Pease Bay, Thurston Manor, Viewfield Manor or Riverside Leisure Park. Holiday must be taken by 30 April 2016 (excludes all main school and bank holiday dates). Prize is subject to availability and must be booked directly with Verdant Leisure. Prize is subject to Verdant Leisure’s Terms and Conditions. Prize is non-transferable and there is no cash alternative. Winner must contact Verdant Leisure to claim prize within 14 working days.