NEW STOBHILL
NEW VICTORIA
A BRAND NEW ERA

Visit the NHS Greater Glasgow and Clyde website - nhsggc.org.uk
We are very proud to be delivering two brand new major hospitals for Glasgow.

Costing £100 million each, the New Stobhill and New Victoria Hospitals stand to transform the balance of acute hospital care away from inpatient overnight procedures to same day treatment.

Thousands of surgical patients, many of whom would normally have needed an overnight stay, will have their operations as day procedures at the hospitals so they can go home the same day.

As well as day surgery, the hospitals will provide traditional outpatient clinics and new ‘one-stop’ clinics where patients can have a number of investigations and appointments all on the same hospital visit. The hospitals will also offer a range of diagnostic services and specialist services such as cardiology, renal dialysis and gynaecology.

All of this will be delivered in a stunning environment, with the latest technologies.

In this special edition of Health News, we celebrate the New Stobhill and Victoria, take you behind the scenes to meet the team that delivered them and get the first reaction from staff, patients and the public to Scotland’s newest hospitals.

We kick off with the views of staff...

**This is a breath of fresh air, says Linda**

ASK Staff Nurse Linda Longwell about her new surroundings and she breaks out in a big smile. “The difference between the old and new Stobhill Hospitals is like night and day!” she enthuses.

“We now have bright and spacious consulting rooms with plenty of space. Every room is fitted with piped-in oxygen and suction whereas previously we relied on portable suction. That’s so much better, not only for the patients but for the nurses too!”

“It feels very calming, which helps a lot as patients are, naturally, often nervous about attending hospital.

“We’re also able to deliver better ways of working. Services that previously were spread throughout the hospital are now located together. For instance, colposcopy used to be in a completely different part of the building from the gynaecology clinics. Now it’s right next door. Patients attending the urology suite, urology clinics and cystoscopy had to travel between three different buildings – again these are now located together in the one area.

“The pulmonary function testing lab used to share an area with the ECG department – separated only by a curtain. In the new hospital it has two dedicated rooms, located next to the respiratory clinics and bronchoscopy investigations.

“There are great staff facilities too. We’ve got showers, which we never had before, and huge changing areas. Previously we were squashed into a tiny wee room. There’s great security and plenty of lockers for our belongings. And as an added bonus, we’ve got stunning views.

“I know that patients will have memories attached to the old hospital and I did have a tinge of sadness at leaving it, but there’s no doubt that the new Hospital is winner.”
“The Clean Team”
Margaret Fisher, Heather Graham, Margaret Watson, Michael McFadden, Rita Smith, Alison Black and Geraldine Bambrick.
“The hospital is very modern and easy to keep clean!”

Rosemary Tait, Administration Manager, Renal Services
“We’ve already had our first renal outpatient clinics and everything’s been running well. It’s a beautiful building, much better than anything we’ve worked in before. It’s spacious, bright and clean. Long may it last like this!”

Helen Sillars, Breast Care Sister
“I’ve been a nurse for 36 years and all but six weeks has been spent at Stobhill. I’m delighted with the new hospital. It’s very good for our patients, the clinic rooms are much more spacious and there are plenty of facilities. The feedback from the patients so far has been very good. They are all very impressed.”
Cath looks to future across the road...

MAKING final arrangements for the move across Grange Road to the New Victoria Hospital, Cath Christie feels quite nostalgic.

“I’ve worked at the Victoria Infirmary for 31 years and this move into a brand-new hospital is an exciting opportunity for me. I am delighted that I am getting the chance to work here.

“The new hospital is lovely. It’s bright and airy and I know the patients will love it. I like the use of the coloured glass and the colour schemes in each of the three levels to help guide patients around.

“A lot of thought has also gone into the artwork which will make a difference particularly in the patient waiting areas.

“As a Nurse Practitioner in Minor Surgery, I currently spend part of my week carrying out minor surgery. Within the New Victoria, our department will have better facilities for minor procedures and I hope to be able to expand this service for our patients.

“In outpatients we have a great team. We know we’re going to have to adapt to our new environment but I’m sure we’ll all love it.”
Harry Lloyd, New Victoria Portering Supervisor

“The hospital is very nice. I’m impressed with the size and high standard of facilities. It’s an exciting prospect to be working in a brand new building which is a lot easier to access for patients.”

Marion McInally, Receptionist

“Our department – Audiology – is in a really quiet part of the hospital at the end of the first floor, which is ideal for our service. We’re also lucky in that we have the best views in the hospital, looking out over the Campsies.

“I’m also looking forward to experiencing it as a patient when I become one of the first patients to undergo day surgery in the new hospital.”

Alison Mackie, Catering Assistant

“I’m really enjoying working in the Aroma Café. I have worked in Stobhill for 17 years and this is different. It is a really nice place to work in and I’m told we make the best coffee around!”

Harry Lloyd, New Victoria Portering Supervisor

“The hospital is very nice. I’m impressed with the size and high standard of facilities. It’s an exciting prospect to be working in a brand new building which is a lot easier to access for patients.”

Marion McInally, Receptionist

“Our department – Audiology – is in a really quiet part of the hospital at the end of the first floor, which is ideal for our service. We’re also lucky in that we have the best views in the hospital, looking out over the Campsies.

“I’m also looking forward to experiencing it as a patient when I become one of the first patients to undergo day surgery in the new hospital.”

Alison Mackie, Catering Assistant

“I’m really enjoying working in the Aroma Café. I have worked in Stobhill for 17 years and this is different. It is a really nice place to work in and I’m told we make the best coffee around!”
Barbara Speight, Facilities Manager, Domestic and Catering

“The New Victoria is absolutely gorgeous. I’m looking forward to working in it. The finish is a lot easier to keep clean which is a benefit for staff and patients. We’ll have trouble shooters around during the day so we can get in and clear up any problems quickly.”

Elaine Gordon, Food, Fluid & Nutrition Practice Development Co-ordinator

“The New Victoria is very patient-centred, contemporary, grand, bright and spacious. It really is massive with just so much going on which will be great for patients.”

Evelyn Forrest, Personal Assistant to Medical Director

“It’s a wonderful building and I’m very, very impressed with the facilities for both staff and patients. It will be brilliant for south side residents like me.”
Dr Ian McLeod, Consultant Radiologist

“We held a party to celebrate the transfer of the Radiology Service out of the old hospital into the new and were delighted to be joined at this by former colleagues. We’re now looking forward with great excitement – and a little trepidation - to working in the new hospital and to continuing to develop a patient-centred service for all our patients.”

Ann-Frances Fisher, Lead Nurse, Medicine

“Within the New Stobhill Hospital, the medical clinics will run alongside specialist departments to deliver a better service to patients. I have been particularly impressed with how our teams of staff in the Medical Day Unit, Diabetes, Rheumatology and Respiratory Medicine have joined together to make this work for patients. The Minor Injuries Unit is also wonderful with lots of space to work in.”
**WE LOVE IT!**

**Jan Dunlop, Staff Nurse, Day Surgery**

“The New Victoria Hospital is absolutely gorgeous. The patients will love it as it’s very welcoming. The coffee lounges in the staff area are great and it’s excellent to have the educational suite here which means we don’t have to go off site for training.”

**Fiona O’Brien, Senior Staff Nurse, Day Surgery**

“It’s lovely and we are very happy with it. We’ve been involved from the beginning [in planning the department] and are looking forward to dealing with some of the new specialties such as Renal which will be available for the first time locally.”

**Pamela Joannidis, Lead Nurse for Infection Control and Clare Mitchell, Senior Infection Control Nurse**

PAMELA (left): “The New Victoria is very impressive, we’ve had the team over for a look around and we all think it’s very good. A lot of care has gone into the design, which I’m sure patients will appreciate.”

CLARE (right): “I think the two elderly care wards are particularly good, they are very modern in a light environment which I think is good for patient confidence. There are also plenty of wash basins and washable chairs, which are essential.”
Alex and his team grasp opportunity

ALEX McIntyre and his team can afford to look pleased. The NHS Project Team has just delivered not one but two major new hospitals for Glasgow – both on time and in budget.

The team, which comprised building and commissioning experts, as well as clinical, finance, HR and admin colleagues, was responsible for agreeing the design of the hospitals and for working closely with the architects - HLM at the Victoria and Reiach and Hall at Stobhill - and builders, Balfour Beatty Construction, on their construction.

As Alex explains, the aim of the team was to design and build two new hospitals that not only looked beautiful but also delivered better models of care and greater efficiencies. “This was a unique opportunity to create an environment which focuses not only on technological advances in equipment, but also on the entire patient journey.

“To do this, we consulted with clinical staff from an early stage on how services might be redesigned around the needs of patients and then set about creating two hospitals that would achieve this.

“Design was also critical to us. We wanted to create two iconic buildings that both the staff and the general public could take pride in. I am very proud of the environment we have created for patients and for our staff and am delighted that they are impressed by their hospitals.”

So what next for the Project Director? “It’s back to the day job for me as Director of Facilities. I’ll continue to ensure that the quality of service we provide for patients and users is the best that we possibly can. I do not doubt that these buildings will help us to raise this bar. I also look forward to contributing to the development of new South Glasgow Hospital as we continue to modernise NHS services in Greater Glasgow and Clyde.”
How long have you worked for NHS Greater Glasgow and Clyde?
23 years (I started when I was 12!)

What’s your background?
Facilities Management, my first job in the NHS after several years of working in hotel management was catering supervisor at Drumchapel Hospital and since then I have had a variety of roles in several hospitals across Glasgow.

What’s it been like working on this particular project?
Challenging but very enjoyable, there have been many people involved and a variety of groups to engage with from the design stage through to the final preparations for our first patients and everyone has been working very hard to achieve this.

What’s a typical day for you?
Every day varies from dealing with queries from staff and suppliers, delivering staff inductions and orientations, taking tours around the building (always happy to show it off) and liaising with PB the building management company. My aching feet usually indicate when it is time to go home.

What have been the most challenging and the most rewarding aspects of the job?
As I joined the project relatively late on it was challenging for me to bring myself up to speed with all the planning and design work that had gone on before. It was also a challenge not to lose anyone during a site visit! The most rewarding will be when the first patient comes through the door for their appointment and they receive their care in a hospital designed specifically with them in mind.

What’s your favourite part of the New Victoria Hospital?
The Atrium, especially on a sunny day when the coloured glass panels reflect on to the walls and ceilings making it very warm and welcoming.

What are you looking forward to most in the next six months?
A holiday in the sun and returning to obscurity.
HARD HATS OFF TO THE BUILDERS

Margaret Campbell
Commissioning Manager, New Stobhill Hospital

How long have you worked for NHS Greater Glasgow and Clyde?
Since 1982.

What's your background?
Head of Occupational Therapy Service at Stobhill.

What's it been like working on this particular project?
It has been an exciting project to be involved in and one which has enabled me to work with some great people, including staff at architects Reiach and Hall and Balfour Beatty Construction.

What's a typical day for you?
From early in the morning I work with the site facilities team as we help all staff settle in and assist patients as they start to use the new building.

During the day I work with the clinical staff to troubleshoot any issues they may have. By the end of the day we are often very tired but still very pleased with the great new hospital we have.

What have been the most challenging and the most rewarding aspects of the job?
The most challenging has been the vast range of things that I need to be involved in. Without a doubt the most rewarding is being able to see the building being used by staff and patients.

What's your favourite part of the New Stobhill Hospital?
The atrium is a favourite. During the day it is a great meeting place and excellent for spotting staff I need to talk to. It is a wonderful, calming environment and at the end of a busy day is a very relaxing space to be in.

What are you looking forward to most in the next six months?
Over the coming months I will be continuing to work getting the building fully operational and smoothing out any problems that arise. I will, however, be gradually taking a step back from it as the Facilities team take on board the full management of the new hospital.
HARD HATS OFF TO THE BUILDERS

KEEP IT IN THE FAMILY 1
Alasdair and David get the thumbs up from mum

THE job of building Scotland’s two newest hospitals has been a family affair for the Balfour Beatty Construction team.

Alasdair Fernie has worked for the company for nine years and as Project Director for the New Victoria Hospital for the past two and a half years. His brother David was a foreman, one of three working on Level 1 of the New Victoria Hospital.

With overall responsibility for the delivery of the hospital, Alasdair was the man with the job of ensuring the hospital was built on time and in accordance with the design brief – and for ensuring all of this was achieved within a safe working environment.

With a workforce of 3,500 men and women working on the construction over the two and a half years – including 542 workers on site on the busiest day – health and safety was a top priority.

“I am pleased to say that we achieved 374 consecutive working days without a reportable accident”, explained Alasdair.

David was responsible for ensuring that his area was delivered on time and in accordance with the specification – and for ensuring effective co-ordination of all different trades working on this level. He explained: “My priorities were to make sure that the programme dates were driven throughout my departments and for ensuring that there were no hold-ups for the follow-on trades.”

In fact, as a result of the hard work of the Fernie brothers and the whole Balfour Beatty team, CONTINUED ON NEXT PAGE
HARD HATS OFF TO THE BUILDERS

CONTENTS

2-8 Why staff love new hospitals
9-13 Hard hats off to the builders
14-18 Visitors love it too!
19-20 That’s a lot of equipment
21-22 Boost for day surgery
23-26 Eco friendly and Eco smart
27-28 Messages of support

KEEP IT IN THE FAMILY

Alasdair and David get the thumbs up

CONTINUED FROM PREVIOUS PAGE

construction works on the New Victoria were completed two to three weeks ahead of schedule and the project was delivered on time to the NHS.

Both brothers are clearly proud of the hospital they have built. Alasdair explains: “Sixteen years ago I had to have reconstructive knee surgery at the Victoria. I am delighted to be able to give something back to the staff who looked after me so well. As a local Govan boy, I am also delighted to have been able to deliver a modern, high quality hospital for the people of Glasgow.”

David adds: “Whilst building the hospital, I used to say to the team that if their mother came in to use the hospital, they would want her to be proud of their work. I know that we have built a high quality, enduring building that our families and the people of Glasgow can be proud of.”

And so what does their mum think of it? Alasdair said: “Our mum came for a Balfour Beatty family day. We knew that she would be our fiercest critic so were very confident we’d done a good job when she snagged the whole building and gave us the thumbs up!”

Watters brothers show them who’s boss

FOR Mark and Paul Watters, it feels strange to see the New Stobhill completed and open to the public. The brothers from Shotts were part of the construction team and are very proud of what has been achieved.

Paul explains: “We have worked together on many projects but few of them have been as big as this. It’s a lovely building, it was good to be part of it and it’s great to see it finished.”

“ It was a great project to work on,” adds Mark. “ There was a lot of camaraderie amongst us all.”

Paul was supervisor for a team of joiners, labourers and forklift drivers on the site – and brother Mark was one of his team. So how did Mark take to having his brother as his boss?

“I’m very used to it”, says Mark. “He’s been giving me orders from a very young age!”
HUNDREDS FLOCK TO HOSPITAL OPEN DAYS... AND VOTE THE NEW STOBHILL AND VICTORIA HOSPITALS A WINNER

EVEN before they opened, the new hospitals were generating a lot of excitement amongst the local communities. We had an overwhelming response to our invitation for the public to take part in guided tours of the new hospitals and more than 700 people joined us on the tours on two sunny Saturdays in April and May.

And now that the New Stobhill has opened for business, the first patients have also been able to see the new facilities.

Health News went along to meet the public and some of the first patients to see what they thought of their new hospitals...

Vera Timoney, Bishopbriggs

“It’s a beautiful hospital and the layout is great. I went up to the enquiry desk when I came in and was dealt with by very cheerful, helpful staff. I found my way easily to the clinic I was attending. This hospital is a big improvement on the old Stobhill with its Victorian buildings.”

FIRST VISITORS LOVE IT TOO!
FIRST VISITORS LOVE IT TOO!

Joseph McLellan, Glasgow
“The New Stobhill Hospital is stunning. I saw it whilst it was being constructed and was therefore looking forward to seeing it now. It’s very impressive, well laid out and bright and airy. It’s a pleasure to come into a hospital like this. It perks you up and makes you feel a bit better.”

Molly Gow, Glasgow
“I trained as a nurse at the Victoria Infirmary from 1945 to 1948. The hospital is not the same as it was then! The new hospital is quite marvellous, it’s bright and airy and the courtyards are lovely.”

Alison McFarlane, Crookston and Sunil Aranja, Thornliebank
ALISON: “I was fortunate to see around the New Victoria Hospital as it was being built and I was looking forward to seeing it completed. It’s very impressive and I really like the colour scheme for each of the different levels.”
SUNIL: “I think the new hospital is very good. I was recently in hospital across the road in the Victoria Infirmary and it was quite different. I was in a 16-bedded ward, whereas the wards here have a maximum of only four beds and that’s much better.”

Sandra McIver, Bishopbriggs
“I find big buildings quite imposing, but this is a nice, fresh building and has spectacular views. When I came in, I was met by a lovely smell of coffee (from the new Aroma Café)! I have found it very easy to get to my particular clinic today.”
FIRST VISITORS LOVE IT TOO!

James Hunt, Croy near Cumbernauld
“I have been at the New Stobhill Hospital today for an MRI scan and received excellent service. The reception staff were very helpful and made sure I got to the department easily. I am very impressed with the new hospital. I only hope they can keep it this way!”

Sarah Collins, Bishopbriggs
“The hospital is lovely and clean, fresh and airy. What I especially like is that it doesn’t look and feel busy although it obviously is! It’s very relaxing and easy to find your way about.”

Caroline Kane, Parkhead, Glasgow
“It’s a lovely smart hospital and I’ve had no problems finding my way about.”
**FIRST VISITORS LOVE IT TOO!**

Asifa Rashid, Langside

“New Victoria Hospital is very impressive, clean and spacious. I loved the courtyards, the big windows and the space in the four-bedded wards which is much more than what we’re used to. I trained as a nurse but a few years ago but left to pursue other projects. My visit to the new hospital today has inspired me to come back and contribute once again to the NHS.”

Dr Myer Green, Newton Mearns

“As a retired GP, who not only trained at the Victoria Infirmary but also regularly admitted patients there, I have a long association with the hospital. I was therefore keen to see the New Victoria and can say that I am highly impressed with its layout, architecture and design. “There is a wonderful use of space and a tremendous opening out to daylight. Whilst I think the exterior colour scheme is a bit garish, the pastels used inside are both calming and reassuring.”

Alice Campbell, Clarkston

“I am delighted with the new hospital. It is so clean, bright and spacious and such a big improvement on the old hospital which I attend regularly. I especially like the courtyards that the clinical areas look onto, they bring a lovely brightness into the building. As well as benefitting patients, the hospital will be very good for staff too.”

Chris Thompson, Giffnock

“It’s wonderful. I’ve been very impressed with the size of consulting rooms and the space throughout the hospital generally. I only hope it stays as clean as it is now!”
FIRST VISITORS LOVE IT TOO!

Stella Telford (left) and Rina McNeil, both from the southside of Glasgow

STELLA: “I think the New Victoria Hospital is lovely, it’s a beautiful building and will be a great asset to the whole of the southside of Glasgow. I like the fact that there is daylight everywhere, and it gives you the impression of cleanliness the moment you walk in the door.

“It’s an excellent idea to use different colours to help people find their way around, especially for people whose eyesight is not too good.”

RINA: “It’s lovely, so fresh and bright, and one thing that appeals to me is the single rooms. I also like the idea that you will be able to come in and get your X-Ray done and get the results all in the one place.”

Moira Gibson, Giffnock, Alison Forrest, Giffnock, Anna Wilson, Carmunnock, Elizabeth White, Clarkston

“The New Victoria Hospital is light, airy and spacious. We like the use of the artwork and especially loved the courtyards. The design is simple, yet modern.”

Margaret McDonald, East Kilbride (left) and Olive Maley, Crosshill

OLIVE: “This is class. It should have been built years ago. Having different colour schemes on each level is fabulous - there’s no fear of getting lost.”

MARGARET: “The coloured glass is beautiful and the hospital is very spacious. Overall, the New Victoria is very calming and makes you feel less nervous about coming here.”
37,000 ITEMS OF EQUIPMENT AT A COST OF £26MILLION, TO BE DELIVERED AND OPERATIONAL WITHIN SIX WEEKS... JUST LOOK AT SOME OF THE KIT WE HAVE INSTALLED...

FROM CLOCKS TO MRI SCANNERS ... THE KIT MAN’S GOT IT COVERED

THE list of equipment needed for a new hospital is very long. No-one knows this more than Robert Stewart, who, along with his team, has been responsible for equipping the two new hospitals with everything from toilet roll holders to state-of-the-art MRI scanners.

Like every great team, we rely on our “Kit Man” to make sure everything is delivered and ready on time for the big day.

More than 37,000 items of new equipment have been purchased for the new hospitals, including medical and diagnostic equipment, PCs and furniture and fittings – costing around £26million in total.

As well as having the job of ordering the equipment, the team also had the responsibility of ensuring that every single item was delivered from the supplier to the right department on the right day over a six-week equipping period.

As Robert explains, a lot of careful planning was needed to ensure things went smoothly. “Every delivery vehicle had to come onto the site and off-load via a single route. We had to carefully consider how many lorries could therefore be accommodated on a single day and develop a precise delivery schedule. From then we had to calculate the route that the goods would take to their final destination within the hospital, what lift access, if any, was required and where they would be finally set down.

“It was a major logistical exercise and I’m delighted that it went so well and that we had no unforeseen problems.”

Despite this careful planning, Robert recalls that things did get very busy during the six weeks: “One day we received so many deliveries that the entire CONTINUED ON NEXT PAGE
Continued from previous page

Underground car park at the New Victoria Hospital was almost filled with new equipment!

Whilst the vast majority of equipment being used in the hospital is brand-new, around 20% has transferred from other sites. This is equipment that has recently been bought and has still got a long lifespan. The team were also responsible for arranging the transfer of this equipment from hospitals across the city to the new hospitals.

Robert said: “This was another complex part of the job, arranging the equivalent of 95 major house removals in six weeks. We have staff coming from all over the city to the two hospitals and therefore had to arrange for the removal company to collect equipment from two or three sites at a time.”

Asked how this was all achieved, Robert is quick to point to the efforts of his team. “This was the single biggest purchase of new equipment ever undertaken within NHSGGC and every member of the team played a key part to ensure that we delivered on time and on budget. This has been down to careful planning by the team not just over the past six weeks but over the past few years.”

Robert Armstrong and Liz McLaughlin, Senior Buyers with NHS Greater Glasgow and Clyde, are two members of this team.

A key part of their job was to work closely with clinical staff to agree their equipment needs.

This process began more than four years ago when they sat with staff to agree what needed to go into the hospital on a room by room basis. They then took a full year to review these requirements and verify that the kit being ordered was appropriate. In total, they engaged with staff from 94 different departments to ensure all needs were met.

Liz said: “It’s been hard work but very good. We have worked closely as a team and also had the support of staff working in our central supplies department at Glasgow Royal Infirmary. When we came in, the hospital was an empty shell and now I look around and see patients using the equipment I ordered. It’s fantastic to see.”

Robert added: “Our planning has worked out better than we hoped and we are pleased with the ways things have gone. Whilst the main task is out of the way, we’re planning to remain available to resolve any unexpected problems with the new equipment which may arise over the next few weeks.

“And we’ve already discovered a minor but important problem. Our renal dialysis stations each have a combined TV/DVD suspended from the ceiling. I got a call the other day from one of the sisters, letting me know that they had a small problem as none of the nurses were able to reach the DVD player! We’re now working to remedy this so that our renal patients are not limited to watching the same DVD every time they visit!”
Research has shown that the vast majority of patients coming into hospital for surgery want to go home on the same day.

Evidence has also shown that recovery is quicker if a procedure is performed as a day case.

In recent years, as surgical and anaesthetic techniques have advanced, there has been a large increase in the number and types of procedures performed as day cases - with operations that previously required a stay in hospital of several days now being performed as day cases.

With the opening of Glasgow’s New Stobhill and Victoria Hospitals, the opportunity has been created to increase the types of procedures even further and carry out more day surgery than ever before.

The New Stobhill and Victoria Hospitals are purpose-built to specialise in day surgery. This will allow these state-of-the-art hospitals to provide surgical care to 30,000 patients a year, many of whom would have previously needed an overnight stay but who will now be able to go home the same day.

David Simpson has worked as a consultant in Glasgow for the past 14 years. He and colleagues within his specialty – Ear, Nose and Throat Surgery - have been routinely performing procedures on a day basis for many years. But as he explains, the team were restricted in how much they could do.

“In my hospital, Stobhill, we were fortunate enough to have a purpose built day surgery unit CONTINUED ON NEXT PAGE
CONTINUED FROM PREVIOUS PAGE

– the first of its kind in the country. However, with the increasing numbers of patients having their procedures as day cases, we became limited in the numbers that we could operate on by the size of our recovery area. As a result we were unable to perform as much day surgery as we would have liked. Now, in each of the new hospitals, we have larger recovery areas which are dedicated to day surgery”.

“We also have more dedicated day surgery theatres. This increased capacity means that we will be able to do more day surgery, not only in those specialties who have traditionally provided a large proportion of their care as day surgery, such as ophthalmology, but also in the other specialties, such as general surgery, urology, orthopaedics and plastic surgery.

“In my specialty for example the volume of day surgery at the New Victoria Hospital will rise by 66%. Procedures that once required an overnight stay and will now be increasingly carried out on a day basis include myringoplasty (an operation to repair holes in the eardrum), mastoidectomy (an operation on the bones surrounding the ear) and rhinoplasty (an operation to change the shape of the nose).”

As an advocate of the shift from inpatient care to day surgery and one of the original team who first developed outline plans for the new Stobhill, David is delighted to see the new hospitals open.

He added: “The new hospitals have definitely been a catalyst for change and as anaesthetic and surgical techniques continue to advance, more procedures will be carried out as day cases in all parts of Greater Glasgow and Clyde.”

So who is suitable for day surgery?

THERE are currently more than 150 procedures performed as day surgery. Your consultant will discuss with you whether the particular procedure you require is suitable for day surgery.

Day surgery procedures can involve a local anaesthetic, a regional anaesthetic, sedation, a general anaesthetic, or a combination.

If you require general anaesthetic, you will be given a health check beforehand to ensure day surgery is the most appropriate option for you. This will usually be done on the day that you are seen at the clinic and put on the waiting list for surgery.

A specially trained nurse carries out the health check which involves a series of questions about your general health and any medication you take. Samples may be taken for tests e.g. blood and urine samples. If it is not appropriate for you to have your surgery as a day case, you will be booked for inpatient care.

What day ops can be done?

DAY surgery is now performed in all surgical specialties, including:

- Breast surgery, e.g. removal of breast lumps.
- ENT surgery, e.g. repairing (grafting) of eardrums, removal of tonsils.
- General surgery, e.g. hernia repair.
- Gynaecology, e.g. female sterilisation, investigations of infertility.
- Ophthalmology (eye surgery), e.g. removal of cataracts, correction of squints.
- Oral surgery, e.g. removal of teeth.
- Orthopaedic surgery, e.g. examinations and operations of the hands, feet, knee and shoulder.
- Plastic surgery, e.g. removal of skin lesions.
- Urology, e.g. examination and operations of the bladder, circumcision, male sterilisation.
- Vascular surgery, e.g. surgery for varicose veins.
THE STEP FROM OLD TO NEW IS A GIANT LEAP FOR THE NHS AND ONE THAT WILL BRING LASTING BENEFITS

These stunning new hospitals just radiate with good taste – they are fresh, clean and modern. They are efficient, bright and spacious.

They set new standards in every respect of NHS hospital provision – and not least by creating an environment that is positive and welcoming and sensitive to patient and staff needs.

Designing a hospital should always be more than simply creating functionality and adequate space … and the team of designers, environmental experts and art advisers who worked so hard to achieve what we now have certainly set the bar high.

When we set out to create the models for the New Victoria and New Stobhill hospitals the Board used the term “building hospitals for for the 21st Century”. Few envisaged then just how remarkably different these new hospitals would be compared to the hospitals of yesteryear.

Here we focus attention on the non-clinical side of these fine new buildings. We examine the detail that has gone into ensuring they are environmentally sound, have been created to be sensitive to patient and staff needs and are able to involve and engage with the people who use them.

We’re on track to manage our carbon footprint

Energy efficiency isn’t just clever – it’s responsible and it’s essential.

We know that if we can reduce fuel bills we can help the environment and also make savings that can be ploughed back into frontline NHS care.

For all these reasons we have embraced “green” into our design and build of the new hospitals … and the results are seen everywhere you look.

The light bulbs throughout both hospitals are energy saving to ensure we don’t use any more electricity than we need to. The lighting systems are also movement sensitive to make sure that we’re not powering the lights when they

CONTINUED ON NEXT PAGE
CONTINUED FROM PREVIOUS PAGE

are not needed.
As patients and staff walk around the hospital the systems will detect movement and light the areas where people are – and once they have moved away the smart technology simply conserves energy by automatically switching the light off!

Dimmers are a real bright idea

But that’s not all – the design of the buildings has been extremely co-ordinated with light sensitive measures throughout to further assist efficiency. Bright and airy glass panels ensure maximum amounts of natural light pour into the hospital.

And a secondary automatic lighting system – in support of the movement sensors – kicks in to make sure that electrical lighting dims down when natural light is adequate.

You could say our environmentally conscious designers and engineers really did “see the light”!

Hot and “cool” on efficiencies

The heating systems within the new hospitals are super-efficient right down to the last detail - both are equipped with the latest technologies that ensure hot air from the plant room circulates through a re-heat exchanger ... for the less technical minded amongst us this means the hot air generated from the plant room runs through a filtration system and then back into the main air flows.

Even the “cool” floor coverings are environmentally sound – we’ve used Marmoleum which guaranteed us that all the materials used in its manufacture were produced from renewable materials: linseed oil, rosin, wood flour, jute and ecologically responsible pigments.

As an added environmental boost the floor coverings we used come with the seal of approval from the British Allergy Foundation because they don’t harbour dust mites and have natural bacterial properties... what’s more the flooring is fully recyclable.

In the construction phase of both the New Victoria and Stobhill Hospitals our contractors adopted a robust recycling regime ensuring that some 65% of our waste materials were recycled including wood, plasterboard, general waste and nearly three tons of waste paper!

Visible – and out of sight!

Other features will catch the eye – but some lie beneath the foundations and will remain out of sight but very important to the environment around the hospitals.

There’s the wooden “crib” retaining wall at the New Victoria which won’t fail to attract admiring glances. This stylish creation features plants growing through gaps in the wood and replaces what would traditionally have been a plain concrete wall...better for the environment and far more pleasing on the eye!

Underneath the hospitals, we have created a “suds system” for the environmental control of flood water – which in short means that heavy rainfall flood water is stored in a honeycomb storage system and dispersed gradually in a controlled and managed way into the Scottish Water drainage system.

The Scottish Environment Protection Agency give its approval to our drainage system ... and we feel confident the entire project from concept to build to its operational life will deliver the green credentials you would expect from a carbon conscious NHS.
THERE is clear evidence that creative art and good design can have a significant positive effect on health and wellbeing and might also reduce stress and anxiety for both patients, relatives and for our staff.

With this in mind and to compliment the imaginative design of the main hospital buildings, a team of artists have worked collaboratively to create subtle and thought provoking artistic themes into the very fabric and essence of both the New Stobhill and Victoria Hospitals.

Their work is evident everywhere - from the underground car park at the Victoria site to the main atrium entrance area to the corridors and waiting rooms.

Their concepts and creations seep into all areas and extend well beyond what many would traditionally expect of “art in hospital” – no oil paintings of the Chairman and the Board hang on these walls!

Instead at the New Stobhill you will find a concept approach to bring the outdoors inside – you will see moving images of windswept grass and sun-kissed trees.

The art of language eases its way into CONTINUED ON NEXT PAGE
the hospital with poetry carved into natural wooden features or Latin and Gaelic phrases and words etched into glass screens or stenciled onto walls.

And at the New Victoria, where the art has found its inspiration in the nearby Queens Park, you will see silhouetted sparse tree shapes mirror imaged as if reflecting on perfectly calm water. Glasgow-based Australian artist Jacki Parry has made a series of paper sculptures influenced by twigs, seeds and seed pods installed into waiting areas. Coloured glass has also been used to great effect throughout the hospital to flood colour into the corridors and waiting areas.

In both hospitals, open space areas will from time to time play host to musical performances from local musicians and throughout the months and years ahead the ongoing theme of art will evolve and adapt and grow to present staff and patients and visitors alike with a living and ever changing environment of complimentary art.

The Arts & Health Strategies for the new hospitals were funded by the Scottish Arts Council; NHS Greater Glasgow and Clyde Staff Lottery; the consortia designing and building the hospitals including our main contractor Balfour Beatty; fundraising by friends and Faith Groups and the Health Board’s endowments fund.

CONTINUED FROM PREVIOUS PAGE

Sanctuaries offer room to rest and reflect

EACH of our new hospitals houses a special area for patients, relatives or staff to use for prayer or simply for quiet personal thought or reflection.

The “Sanctuary” rooms have been created as peaceful and inclusive areas with an open spiritual ethos.

In the Stobhill Sanctuary a simple large block of natural wood provides minimalist seating while three-quarter length window blinds provide privacy while allowing natural light and providing an outlook to the outside world.

In the Victoria Sanctuary the round ceiling feature creates a calming view of the sky at night.

The Sanctuary concept has been taken forward and delivered in both hospitals by the Health Board’s Spiritual Care Committee with significant input from our chaplaincy staff and other faith groups as well as taking into account the views of patients and the public.
NHS Greater Glasgow and Clyde would like to thank everyone involved in the construction and equipping of the new Stobhill and Victoria Hospitals. We are pleased that both hospitals have been delivered on time and on budget.

“We are proud to have worked in partnership with Canmore and NHS Greater Glasgow and Clyde to deliver the New Victoria and Stobhill Hospitals on time, on budget and with zero defects on completion.”
Reiach and Hall is a Scottish based award winning internationally regarded practice. Their Beatson Cancer Research Facility for the University of Glasgow is a RIBA Award and Civic Trust Award winner 2009, is the current holder of the GIA ‘Supreme Medal’ and ‘Best Healthcare Building’ and their design director Neil Gillespie is ‘Architect of the Year’.

The ambition for their New Stobhill Hospital is to lighten the hospital experience, to convert endured time into reflective time, and to put the patient first.

www.reiachandhall.co.uk

Reiach and Hall Architects

FES Ltd are proud to have worked as a key partner with the project team, for the successful delivery of the New Stobhill and Victoria Hospitals.