

Have your say on new children's hospital

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Going local to make bigger better...

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Could you bring a smile to someone's face?

ELAINE Holmes (right) is a senior occupational therapist based at the Western Infirmary in Glasgow.

Every day she helps make life a little easier for the people she works with, often bringing a much needed smile to their faces.

As the Scottish Executive launches a major recruitment drive, NHS Greater Glasgow and Clyde is looking for people just like her - enthusiastic and dedicated - to help bring some of the world's best health services to the people of Scotland.

The challenges are great, but the rewards are worth the effort.

Inside this issue we spotlight a number of staff taking part in the campaign and reveal some of the initiatives we're involved in to help the unemployed into work.



WORKING IN THE NHS ... BIGGER CHALLENGES, BETTER REWARDS - PAGES 10 AND 11

Fresh start as 30,000 aim to quit smoking

THIRTY thousand smokers have taken the first steps to quitting thanks to NHS Greater Glasgow and Clyde's unique, pharmacy-led stop smoking service, **Starting Fresh**.

And another 1000 have also started down the quitting smoking route through the network of stop smoking groups throughout the area.

The build-up to March 26, the date of the national no smoking ban in enclosed public places, triggered a surge of requests for support and advice during the first three months of this year.

Liz Grant, Public Health Pharmacist NHS Greater Glasgow and Clyde, said: "Anecdotal evidence suggests that many more people were trying to stop smoking ahead of the ban.

"In January, for example, 1500 set a quit date through the pharmacy service which shows a 25% increase on the same time last year."

Starting Fresh is provided in more than 93% of pharmacies in the Greater Glasgow area, where quitters are supported over 12 weeks by trained staff offering Nicotine Replacement Therapy (NRT) and support.

Launched three years ago, no appointment is needed and

NRT products are free to people exempt from NHS prescription charges, with a small charge applicable to others.

Agnes McGowan, Principal Health Promotion Officer Tobacco, NHS Greater Glasgow and Clyde, added that more smoking cessation groups had been set up to meet the demand to quit.

She said: "We know that there are more groups running and the groups are very busy, there has been a tremendous upsurge in members.

"There has also been an increase in the volume of phone calls, at one point we were getting up to 45 calls a day from smokers."

The female to male ratio of smokers signing up to quit is almost 2:1, however only 47 per cent of women have proved to be successful, compared to 53 per cent of men, four weeks after giving up smoking.

Smoking behaviour affects quit rates. Smokers who light up within five minutes of waking are less likely to succeed in stubbing it out.

And age is irrelevant when it comes to commitment. Advisors have found that even those who have smoked most of their adult lives are still keen to stop.

SMOKEFREE AND BETTER FOR IT
SEE PAGE 4

WELCOME TO THE NEW

NHS

Greater Glasgow and Clyde

NHS Greater Glasgow has merged with parts of the former NHS Argyll and Clyde to create a huge organisation caring for one fifth of Scotland's population.

Despite its size, the new authority will work towards bringing the best possible healthcare - at a local level - to more than one million people.

This will be achieved through the creation of 11 new Community Health Partnerships, (CHPs) set up to oversee a wide range of services, prioritised by local people for local people.

With your new health authority comes your new-look Health News. In a special four page supplement inside this issue, we spotlight the role of the new CHPs, how they will operate, and there's an invitation to everyone interested in their health service to get involved.

There's a map showing what area your local CHP covers and we provide contact details for each.

There are also special features on working for the NHS, a new Listings page with a host of essential phone numbers and lots more pages packed with the latest health news from the Greater Glasgow, Renfrewshire, Inverclyde and Dumfries and Galloway areas.

This is an exciting and challenging time for NHS Greater Glasgow and Clyde. Pick up your copy of Health News every two months to keep in touch with all the latest news.

Why not visit us at www.nhsggc.org.uk

New nurses help home care for lung patients

A SCHEME to enable the early discharge from hospital of patients with Chronic Obstructive Pulmonary Disease (COPD - a chronic lung disease mainly caused by smoking) is to be widened across Glasgow.

Thanks to the appointment of six new specialist British Lung Foundation (BLF) nurses, an early supported discharge service has been set up to help these patients get out of hospital earlier and treated at home.

Already up-and-running in the north of Glasgow, the scheme is proving such a success that it is being extended across the city. The six new nurses will be in addition to the nine already working in this area.

The new nurses are being funded for the first 13 months by the British Lung Foundation and NHS Greater Glasgow and Clyde thereafter.

The scheme works like this: patients who are admitted to hospital with severe exacerbations (symptoms) will be treated and stabilised. Once fit enough, they will then be able to go home earlier than normal because they have a dedicated nurse specialist to visit them, check treatment and assist with any other concerns.

The scheme has proved very popular with patients, helping to establish relationships between nurses and this specific group of patients. COPD exacerbations can mean a stay of up to a week or ten days, but the early discharge scheme has seen patients out of hospital and back home in three days.

Service Manager, Linda McCarron, explained the treatment for COPD.

IT'S A FACT

● ABOUT 90% of all cases of Chronic Obstructive Pulmonary Disease (COPD) are caused by smoking, although environmental and occupational causes (such as mining), exposure to certain types of dust and inherited illness can also cause COPD. Passive smoking may also be a factor

● USUALLY affecting people over the age of 40, COPD is one of those diseases that creeps up gradually over time which is why most sufferers are older by the time problems start to appear

● THE main symptoms of COPD are: shortness of breath, coughing and producing excess mucus

● THERE is no cure for COPD, if you have been diagnosed with it, the best thing you can do is give up smoking and avoid other smokers. Do some exercise every day, eat healthily and have a flu vaccination every year

● THERE are more than 13,000 people living in the Greater Glasgow and Clyde area with COPD

● COPD is the only leading cause of death that is increasing worldwide

She said: "While we are talking about treating very poorly people, COPD by its nature can be treated at home, where most patients often prefer to be, rather than in hospital.

"All the nurses running this service are known as British Lung Foundation (BLF) nurses. This is more than a name as these nurses are specially trained and able to offer patient support in this area."



A SIMPLE test can detect or monitor the onset of COPD.

BLF Nurse Manager, Catherine Kelly said: "We are delighted to be working in partnership with NHS Greater Glasgow and Clyde to ensure patients with COPD receive the highest level of care at home."

BLF is funding the nurses through money raised in a number of activities held last year. The popular 'Lung Run', held at Glasgow Green, raised £15,000, which will go towards

funding the work of the British Lung Foundation in Scotland.

This year's 'Lung Run' will take place on August 27, 2006 and is open to all - runners and spectators.

For more information on BLF in Scotland, tel: 0141 229 0318 email: scotland@blf-uk.org or see www.britishlungfoundation.com/scotland.asp

NEWS IN BRIEF

GO ONLINE FREE AT BEATSON

TEENAGERS with cancer can now log on to the internet for free at the Beatson.

The centre recently installed high-speed internet access for patients in five wards that specifically provide care for teenage cancer patients. It allows the young people to surf the net and keep in touch with family and friends via email.

Myra Campbell, Clinical Nurse Manager for Haemato-Oncology (cancers of the blood) said: "Access to the internet for patients in the Bone Marrow Transplant Unit and Haemato-oncology Wards has been long awaited and is proving to be invaluable. Our patients come from all over Scotland and are isolated for long periods of time, so being able to keep in close contact with family and friends has been extremely therapeutic and has greatly enhanced the quality of their hospital stay."

CANCER BOOKLETS

A NEW series of booklets for patients suffering from cancer of the oesophagus (or gullet), stomach and pancreas has been launched by the Managed Clinical Network for Upper Gastro-Intestinal (Upper GI) Cancers.

For a copy of the booklets, contact West of Scotland Managed Clinical Network for Upper GI Cancers, Ward 38, Glasgow Royal Infirmary, 84 Castle Street, Glasgow G4 0SE, tel: 0141 232 0706 or email: fiona.mcintyre@northglasgow.scot.nhs.uk

Have your say on new children's hospital

CONSULTATION BEGINS AS LOCATION IS EARMARKED FOR £100MILLION PROJECT

GLASGOW'S new children's hospital took a major step forward on April 3, with the launch of a consultation on its proposed new location at the Southern General.

The new £100million hospital - which will treat patients from all over Scotland - will be built alongside maternity and adult hospital services.

This will ensure immediate access to specialist services of all kinds and, therefore, the highest quality and safety standards for mothers, children and babies, in the event of any complications.

The 67-acre Southern General campus has been recommended as the best site for the new hospital because, uniquely in Glasgow, it has the required adult services for very unwell mothers, a maternity unit and land available next to the present maternity unit to accommodate the hospital.

The Southern rates highly on transport and access too. In the case of the children's hospital, this issue has arguably even greater importance, as patients and relatives will be travelling not only from throughout Glasgow but from throughout Scotland to get treatment.

The hospital has good access to the M8 motorway, the Clyde Tunnel and bus and rail transport. Equipped with its own helipad, it is also located close to Glasgow Airport.

Access to the hospital will be even better with a new four-lane bridge across the Clyde at Finnieston due for completion in 2006 and an extension of the M74 by 2008 connecting the motorway with the M8.

Launching the consultation, Tom



Consultation on the Proposal for a New Children's Hospital

Delivering Better Services for Mothers, Babies and Children

A COPY of the consultation document on the proposed new Children's Hospital in Glasgow is available on the web.

Divers, Chief Executive of NHS Greater Glasgow and Clyde, said: "Over the past few months, there has been a lot of well-publicised discussion and engagement with stakeholders on a new Children's Hospital in Glasgow. Until now, however, there has been no formal consultation on the proposal. This is now required.

"As well as seeking comments on the transfer of children's services from Yorkhill to the Southern General, we also see this consultation as the start of a process of long-term meaningful engagement.

"We are, therefore, taking the



opportunity to ask some initial questions about service models for the new hospital. We are also seeking views on the provision of local maternity services for the west of Glasgow when the Yorkhill campus transfers.

"And to help shape our future engagement, we are asking for comments to how best to involve children, parents and staff as the design and construction of the new children's hospital goes ahead."

There are a number of ways that you can contribute to our consultation.

A major workshop is being held from

6.30pm to 9pm on April 27, in the Holiday Inn, Bothwell Street, Glasgow, to discuss the proposals. To register for this free event, telephone: 0141 300 4902 or email: childrenshospital@promo-solution.com

You can also obtain a copy of the full consultation document from our website at: www.nhs.gov.uk/childrenshospital

You can either email your comments to us at: childrenshospital@nhs.gov.uk or write to: John C Hamilton, Head of Board Administration, NHS Greater Glasgow and Clyde, Dalian House, 350 St Vincent Street, Glasgow G3 8YZ.

End to free car parking was only solution

CAR parking charges are being rolled out across all Glasgow city acute hospitals - ending free car parking for patients, visitors and staff.

The roll-out of paid-for parking across NHS Greater Glasgow and Clyde's main facilities begins at the Royal Hospital for Sick Children, the Queen Mother's Maternity, the Western Infirmary and at NHS Greater Glasgow and Clyde's headquarters in St Vincent Street.

In common with hospitals in many other parts of Scotland, the new parking charges have been put in place due to increasing road congestion and new planning regulations by local councils which aim to encourage more of us to use public transport.

The parking policy is part of a 'Green Travel Plan' which aims to reduce peak-time usage of private cars, ease pressure on roads and encourage use of public transport to get around the city.

It will also help ease major parking problems that exist at all of our hospitals as increasing numbers of patients, staff and visitors travel by car and have to chase a limited number of car parking spaces at each site.

The car parking initiative is not a money-making scheme. Income from the charges will be used to improve existing car parking: introducing better lighting, more security and better layouts. We will also support initiatives, such as improving transport links to hospitals and staff will be encouraged to use public transport.

Free-parking - situated closest to hospital entrances - will be offered to disabled visitors and patients. The number of designated disabled spaces will also be increased and there will be drop-off and pick-up points.

People on low incomes and others in exceptional circumstances will be able to re-claim parking charges. Look out for leaflets and posters, which

will explain more about this.

Charging will eventually apply at all of our main city hospitals. However, there are currently no plans to expand car parking charges beyond Glasgow. Due to the need to improve and change the layouts on each site, car parking charges will be brought in on a phased basis (except for Glasgow Royal Infirmary which already has paid-for parking).

Once work is completed at the three sites mentioned above, the next phase will be to apply charges at the Gartnavel Hospitals site.

The level of changes has not yet been calculated.

If you are on the Involving People Database, copies of the car parking leaflets, when they are ready, will be sent to you and adverts will be placed in newspapers.

You can also check out details at: www.nhs.gov.uk

FREE EYE CARE

EYE examinations at your local Optometrist (optician) are now free. Your optometrist should be the first place you contact for any eye problems: red eyes, flashes and floaters, blurry vision, etc.

Minor eye conditions can be dealt with promptly, personally, professionally and locally.

Fewer people will be inappropriately referred to hospital eye departments which will reduce waiting times.

Kings of the air...

TWO new state-of-the-art air ambulances, costing a total of £6.8million, have arrived in Scotland. One ambulance will operate out of Glasgow, the other Aberdeen.

With a range of nearly 1700 miles, and a top speed of 289 knots, the new purpose-built King Air 200c ambulances

will form an important part of a new world-class air ambulance service for Scotland.

The new air ambulances will have space for two stretchers and have flight times of on average 15 minutes faster than those currently in operation.



THEY'VE DONE IT... NOW SO CAN YOU! GORDON AND ANGELA JOIN THE QUITTING BRIGADE



ANGELA Johnston (bottom far left) with her fellow quitters at the Easterhouse Smoking Cessation Group.

I didn't want to be treated like a leper

DEPUTY Child Care Manager, Angela Johnston (32), has smoked "on and off" since she was 16 and got through up to 20 cigarettes a day.

Angela decided to quit because "after the smoking ban, smokers are going to be seen as lepers."

She stopped in February with the support of six other quitters at work and the Easterhouse Smoking Cessation Group.

Angela added: "The ban should give people an incentive, especially because you can't have a drink and a ciggie in the pub."

Smokefree and so much better for it

HOSPITALS, health centres and healthcare sites in the NHS Greater Glasgow and Clyde area are now smokefree.

From March 26 this year, patients, staff and visitors are not allowed to smoke anywhere in our buildings and outside spaces, including car parks.

Smoking rooms no longer exist. Instead - for one year only until March 2007 - smokers will be able to light up in designated external smoking areas and shelters.

Hospital patients who wish to go outside to a designated area for a cigarette will be able to do so. If you are a patient who is unable to go outside, you can ask for Nicotine Replacement Therapy (NRT) on the ward. If you're a patient and want help to stop smoking, you can get it from special hospital-based advisors.

If you are a patient who is being treated by a

healthcare worker in your own home, you will be asked not to smoke before and during their visit.

There will be some exceptions to the smoking ban, for example, patients who are cared for in residential care homes and long stay psychiatric facilities that are, in effect, a patient's home.

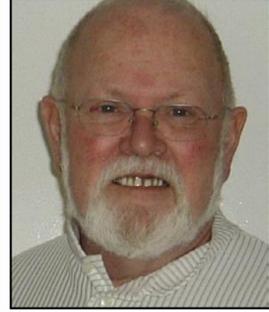
A copy of the policy can be found on the NHS Greater Glasgow and Clyde website, www.nhsggc.org.uk/smokefree

If you want help to quit, contact Smoking Concerns, tel: 0141 201 9825, Starting Fresh, tel: 0800 389 3210 or log on to: www.nhsggc.org.uk and click on Smoking.

Meanwhile this year's World No Tobacco Day on May 31 will again throw the spotlight on the seriousness of the impact of tobacco on health.

One of only four UN-agency related World Days, it is sponsored by the World Health Organisation to promote a tobacco-free environment.

AN estimated 1.1 billion people around the world smoke, and around 3.5 million die annually from tobacco-related illnesses, the equivalent of 10,000 deaths each day.



GORDON MAXWELL

Classes made the difference

GORDON Maxwell, a retired lorry driver in his early 60s from Castlemilk in Glasgow, smoked for nearly 50 years before deciding to quit in August last year with the help of the stop smoking class held in the Gorbals' Adelphi Centre.

Gordon, who smoked up to 40 cigarettes a day, said: "I'd tried different methods, such as the patches, nasal spray, and hypnotherapy, but going to the stop smoking class helped an awful lot.

"This time it has been a joint effort with my wife, Jeanette, and, with the ban coming, it was the time to stop.

"I know perfectly well, having been down this route before, that I can't afford to take even one puff.

"I had a heart by-pass operation in 1995, but three days afterwards I started smoking."

ON THE BUSES FOR BETTER HOSPITAL LINKS

A NEW bus service is making life easier for patients in Renfrewshire and Inverclyde.

NHS Greater Glasgow and Clyde, in partnership with Strathclyde Passenger Transport, have introduced two new bus services linking the Vale of Leven Hospital in Alexandria and Inverclyde Royal Hospital in Greenock to the Royal Alexandra Hospital in Paisley.

Running seven-days-a-week from early morning until well into the evening, the service has been introduced with the aim of improving public transport links between the three hospitals. It's been prompted by research showing that, UK-wide, more than 100,000 patients every month miss appointments or don't get medical treatment because they don't have transport.

Vale of Leven General Manager, Bruce Barnett, led the project.

He said: "I am delighted with the introduction of these new hospital link services. This is good news for the people of Inverclyde and Lomond. Both services are open to everyone - and that means staff, visitors, outpatients and anyone else."

Health Minister Andy Kerr said: "It is important that NHS Boards work with their planning partners to ensure that patients and visitors have access to good public transport services when they need to attend their local hospital."

Strathclyde Passenger Transport's Chair, Councillor Alistair Watson, added: "Over a year in the UK, 1.4 million people will miss, turn down or choose not to get medical help because of transport problems."

The services are subsidised by NHS Greater Glasgow and Clyde and managed by Strathclyde Passenger Transport. For further information and timetable details contact the SPT Travel Centre, tel: 0845 128 4037 or log on to their website at: www.spt.co.uk

How can the massive new NHS Greater Glasgow and Clyde provide health services on a truly local level? The answer lies in the creation of Community Health Partnerships, providing access to all sorts of healthcare... right on your doorstep.



GOING LOCAL TO MAKE BIGGER BETTER

THE new NHS Greater Glasgow and Clyde is a massive organisation hosting some of the most specialised health services in the country and caring for a fifth of the total Scottish population.

Some 44,000 NHS professionals, dedicated

to the delivery of better health and emergency intervention, work for the organisation in a huge range of jobs.

Within the Board area are some of the best specialists in the world of healthcare - heart surgeons, cancer specialists, neuro-surgeons, transplant specialists, accident and emergency teams, world-class paediatricians, obstetricians and psychiatrists, to name but a few.

Then there's the locally-based teams of community nurses, physiotherapists, dieticians, sexual health advisers and stop smoking teams.

The sheer scale and quality of the organisation is both reassuring and daunting. However, some people are concerned that big - while it is impressive - is not always best, as local priorities and community needs can sometimes get overlooked.

We recognise that different communities have very different health and social problems and need very different health and social solutions.

To ensure local people count in prioritising how and where resources are directed, 11 new local health partnerships - complete with substantial budgets, local control and patient input - are being created. Called Community Health Partnerships (CHPs), their aim is to make it easier for you to access all of the local health, hospital and social care services you require.

In this special NHS Greater Glasgow and Clyde health supplement, you can see at a glance the sheer scale of NHS investment, activity and reorganisation of local service provision. We'll tell you more about how the new organisation works, including an in-depth look at the new Community Health Partnerships.

BIG FACTS ABOUT THE NEW NHS GREATER GLASGOW AND CLYDE

- 1,196,335 people in our care
- 229,899 aged under 15
- £2.2 billion budget
- 44,000 Staff
- 853 General Practitioners
- 280 GP practices
- 577 Dentists
- 260 Dental practices
- 300 Pharmacies
- 182 Opticians' practices
- 1209 Medical consultants



FOR FULL DETAILS OF YOUR LOCAL CHP - SEE PAGE 8

FOR MORE INFORMATION ON STOP SMOKING CLASSES - SEE PAGE 9

CHPs promise fresh new thinking

WHY COMMUNITY HEALTH PARTNERSHIPS WILL HELP BRING HEALTHCARE CLOSER TO HOME

THE vast majority of NHS services are delivered in the community and improving local healthcare is one of our key priorities.

That's why we're introducing new Community Health Partnerships, or CHPs for short.

These groundbreaking new Partnerships will give you a far greater say in the way your local services are provided and tailor services to meet the health needs of your local community.

CHPs will work closely with local councils, hospitals and community groups to break down the barriers that have traditionally existed between community health, social care and specialist health services.

They will also develop partnerships with local education, leisure and employment services as these also have an important role to play in improving the health of local people.

Closer working between hospital and community-based staff will lead to more streamlined, better co-ordinated services for patients. It will also create more opportunities to deliver care in the community. This will mean that you won't always have to travel to hospital for your care as, in many cases, you may be able to receive your treatment closer to home.

For certain chronic illnesses, such as diabetes and coronary heart disease, we are also introducing more 'one-stop clinics' where patients can see all of the health professionals they need to at the one time, in the one place, rather than having to make lots of separate appointments.

The new CHPs will be responsible for a wide range of local health services delivered in health centres, clinics and schools. These include health visiting, district nursing, speech and language therapy, physiotherapy, podiatry (foot care), mental health, addiction and learning disability services. These staff will work closely with other local health professionals, including GPs, dentists, pharmacists and opticians to plan and develop services across the CHP.

In Glasgow and East Renfrewshire, the new Partnerships will also be responsible for many local social care services provided by social work staff. They will, therefore, be called Community Health and Care Partnerships (CHCPs) and will be run jointly with our local council partners.

Closer working and better sharing of information between health and social work professionals will reduce the need for lots of separate assessments where you have to repeatedly explain your personal circumstances to different members of staff. It will also make it quicker and easier for you to access all of the local health and community care services you require regardless of whether these are provided by your health board or local council.

Eleven CHPs are being developed across NHS Greater Glasgow and Clyde, including two that cover areas previously managed by two different NHS Boards. This means that, for the first time, we will be able to plan and develop health services across the whole of West Dunbartonshire and East Renfrewshire.

This will create opportunities to share good practice and, over time, roll out local services that are not currently available in all areas. It will also help us to achieve a more consistent, coordinated approach to the development of future local services across the Greater Glasgow and Clyde area.

You will also have an opportunity to influence the way your local health services are delivered via the new Public Partnership Forums that all CHPs are required to develop.

Richard Norris, Director of the Scottish Health Council, explained: "The new Public Partnership Forums are intended to give service users, carers and community groups a chance to get involved in shaping local services. They should also enable local people to feedback views on a wide range of issues including proposed changes to the way existing services are delivered."



THE creation of CHCPs will help link up local health and social care for patients like John.

CLOSER working between health and social work staff will make it easier for patients with chronic illnesses like John to access all of the services they require.

John is a 63-year-old man with diabetes and coronary heart disease. He makes frequent trips to hospital for regular check-ups and treatment. He is finding it increasingly difficult to walk up and down the stairs in his two-bedroomed terraced house in the West End of Glasgow where he has lived with his wife Maureen for the past 40 years.

Maureen is keen to find out more about what equipment aids might be available to help John stay mobile and what adaptations they may need to make to the house if John's condition continues to deteriorate. She is keen to make sure her husband has access to all of the services he requires, but is worried about having to see lots of different people and fill in lots of complicated forms. She also wants more support for carers as she knows there are lots of other people in her local community who are looking after a partner or parent.

In the past, health and social care staff could spend significant amounts

Closer working helps patient access services

CASE STUDY 1
Heart patient John and his concerned wife

of time simply trying to contact each other. With better communication and more joint working between health and social work staff in the new CHPs, John will find it easier to access all of the local services he requires regardless of whether these are provided by his local council or health board.

Better sharing of information and the introduction of single shared assessments will mean that, in the future, patients like John will not have to face lots of separate assessments or

endure having to repeatedly explain their personal circumstances to lots of different members of staff.

Closer working and better communication between hospital and community-based staff will create more opportunities to provide care and treatment in local communities so that, in the future, patients like John won't always have to travel to hospital.

The introduction of new health checks for patients with chronic conditions, including diabetes and coronary heart

disease, will also mean that John now has access to comprehensive annual reviews and assessments which will be carried out by a practice nurse who has undergone specialist training.

These assessments not only measure symptoms and physical factors but also lifestyle factors such as diet, exercise levels, alcohol consumption and smoking. In addition, they also assess how well patients like John are coping with their illness as many people with chronic diseases suffer from anxiety and depression.

John will, therefore, be able to get practical advice on how to prevent his health problems from getting any worse as well as information on local facilities and sources of support.

Health staff involved in John's care will work with local social work staff to make sure he has access to the right social care services and advice. This could include a home care service, day care attendance, aids and adaptations to help with his daily living.

Maureen will be able to join her local Public Partnership Forum to raise some of the local issues she would like to see addressed, including more support for carers like herself.



BETTER sharing of information between different health professionals will make it easier for Susan to access all the health services her sons require.

Caring and sharing will bring a range of benefits to parents

BETTER sharing of information between community and hospital based staff will lead to improvements for parents like Susan.

Susan is a 32-year-old single mum from Dumbaron with two young boys aged seven and four. Her younger son Sean has Cystic Fibrosis and his older brother Peter has asthma. Both boys regularly attend their local hospital and GP surgery for check-ups and treatment and see a wide range of health professionals including physiotherapists, health visitors and respiratory consultants.

In the past, Susan found it difficult and time-consuming to arrange appointments with all these different health professionals. She also found it could take a while for her sons to be referred from one health service to another and occasionally problems arose due to a breakdown in communication between community and hospital-based staff.

Susan, an experienced legal secretary, is keen to go back to work when Sean starts school. However, she doesn't know if she will be able to balance work and childcare or if she is able to access any additional support.

Susan doesn't have the time to attend meetings about what's going on where she lives, but is keen to be kept up-to-date with developments in her local

CASE STUDY 2
Single mum Susan and two boys in need of treatment

area, particularly in relation to children's health services.

Better sharing of information and closer working between different health professionals will make it quicker and easier for parents like Susan to access all of the health services their children require regardless of whether these are provided by community or hospital based staff.

As her new CHP will be working closely with organisations responsible for regeneration and employment, this will help local people like Susan find out about local job and training opportunities. Closer working between health and social care staff will also make it easier for Susan to find out about the full range of services and support available in her local community.

She will also be able to join the Involving People database to ensure she is kept up-to-date with developments across Greater Glasgow and Clyde, including those within her local West Dunbartonshire CHP.

Better help for those who need it most

BY working together with local councils, housing agencies and organisations responsible for training and employment, CHPs will be able to make a real difference to the lives of local people, particularly the most disadvantaged.

These include people with mental illness and learning difficulties who often face discrimination and, in the past, often had to struggle to access the services and support they and their families required.

Now local mental health and learning disability teams based in each of the new CHPs will provide dedicated treatment and support. These teams will work closely with other local healthcare professionals and hospital-based specialists to offer a more streamlined, joined-up service for patients and their families.

This will help reduce delays and individuals being 'passed' around from one part of the system to another.

All CHPs will also have an expert team of local health improvement staff who will work with local people and community groups to help prevent ill health. Because these teams will be managed locally rather than centrally, they will be able to respond to the different health needs of the local communities which they serve.

Health advice is particularly important for people with mental health problems as their illness often means they are less able to look after themselves properly and can often neglect their diet.

People with learning disabilities can sometimes find it hard to access mainstream local health services as simple things which others take for granted (such as going to the dentist for a check-up) can be a really traumatic and frightening experience. With the support of dedicated local learning disability teams, individuals will be encouraged and supported to access local health services to ensure their health is reviewed on a regular basis.



HOW TO GET INVOLVED WITH YOUR LOCAL COMMUNITY HEALTH PARTNERSHIP

WANT to get more involved in your health services?

Want to help us work to create the best possible services for your area?

Then why not join NHS Greater Glasgow and Clyde's Involving People Network, an association of people and organisations who care about healthcare. Here's a list of some of the benefits and activities:

- You will receive regular mailings about a wide range of issues including consultations and Our Health public events
- You can take part in our regular survey and focus groups
- Join the new Community Health Partnerships' public forums which will have a direct say on the way local services are supported and run
- Join the Network's Health Service Advisors Group to debate and comment on service planning
- You may have the chance to serve on the Involving People Committee for the NHS Board
- Opt to be one of the many volunteers who help patients in hospitals and in communities.

To join the Network, tel:

0141 201 4558

Or write to: NHSGGC Communications, NHS Greater Glasgow and Clyde, Dalian House, 350 St Vincent Street, Glasgow G3 8YZ.

Below is the full list of Community Health and Care Partnerships in the new Greater Glasgow and Clyde NHS area.

West Glasgow CHCP

Director: Terry Findlay
0141 211 0270
Terry.Findlay@gartnavel.gla.comen.scot.nhs.uk
Chair: Councillor Aileen Collieran
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For further information on the development of the new Public Partnership Forum please contact Ray de Souza
0141 211 0370
Ray.deSouza@gartnavel.gla.comen.scot.nhs.uk

South West Glasgow CHCP

Director: Iona Colvin
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For further information on the development of the new Public Partnership Forum please contact Cathy Rice
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cathy.rice@gla.comen.scot.nhs.uk

South East Glasgow CHCP

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For further information on the development of the new Public Partnership Forum please contact Una Fingleton
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una.fingleton@gla.comen.scot.nhs.uk

North Glasgow CHCP

Director: Alex MacKenzie
0141 201 4444
Alex.Mackenzie@gghb.scot.nhs.uk
Chair: Councillor Robert Winter
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robert.winter@councillors.glasgow.gov.uk

For further information on the development of the new Public Partnership Forum please contact Suzanne Glennie
0141 201 4759
suzanne.glennie@gghb.scot.nhs.uk

East Glasgow CHCP

Director: Mark Feinmann
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Mark.Feinmann@sw.glasgow.gov.uk
Chair: Councillor James Coleman
0141 287 4012
james.coleman@councillors.glasgow.gov.uk

glasgow.gov.uk
For further information on the development of the new Public Partnership Forum please contact Murray Dickie
0141 531 9016
murray.dickie@gla.comen.scot.nhs.uk

East Renfrewshire CHCP
Director: George Hunter,
0141 577 3840 (from September 2006 - 0141 577 8602)
George.Hunter@eastrenfrewshire.gov.uk
Chair: Councillor Daniel Collins
0141 577 3107/8
danny.collins@eastrenfrewshire.gov.uk

For further information on the development of the new Public Partnership Forum please contact Julie Murray
0141 577 3842
Julie.Murray@eastrenfrewshire.gov.uk

West Dunbartonshire CHP

Director: Keith Redpath
01389 812326
Keith.Redpath@nhs.net
Chair: Rani Dhir
0141 201 4608
For further information on the development of the new Public Partnership Forum please contact George Murphy
0141 435 7505
george.murphy@gla.comen.scot.nhs.uk

nhs.uk
East Dunbartonshire CHP
David Leese, Interim Director
0141 201 4444
(Karen Murray has recently been appointed as the Director for East Dunbartonshire CHP)
David.Leese@gghb.scot.nhs.uk
Chair: Gerald McLaughlin
0141 201 4608

For further information on the development of the new Public Partnership Forum please contact Lynda Hamilton
0141 201 0488,
Lynda.Hamilton@yorkhill.scot.nhs.uk

Inverclyde CHP
NHS Greater Glasgow and Clyde is currently in the process of developing a CHP that will cover the area served by Inverclyde Council. For further information contact Moira Anderson
0141 314 0378
Moira.Anderson@achb.scot.nhs.uk

Renfrewshire CHP

Director: David Leese
0141 201 4444

South Lanarkshire CHP (Rutherglen and Cambuslang locality)

General Manager: Robert Peat
0141 531 6015
robert.peat@gla.comen.scot.nhs.uk

The NHS Greater Glasgow and Clyde DIRECTORY

NHS 24

08454 24 24 24
Confidential telephone health advice and information service for people in Scotland.

OTHER USEFUL NUMBERS

ADDICTIONS

Alcohol and Drug Addiction Services

National Alcohol information line
0800 917 8282

Alcoholics Anonymous (AA)
0845 769 7555

www.aa-uk.org.uk

Alcoholics Anonymous, 50 Wellington Street, Glasgow

0141 226 2214

Al-Anon (for families of people with alcohol problems)
020 7403 0888

www.al-anonuk.uk

Al-Anon Information Centre, 22 Mansfield Street, Partick

0141 339 8884

For information on your local Community Addiction Teams

0141 276 6602

BEREAVEMENT

Family Bereavement Service

The Family Bereavement Service based at Yorkhill works with parents, siblings and carers of children who have died. They can be contacted by phone, tel: **0141 201 9257**, or via email at: yfbs@yorkhill.scot.nhs.uk

The service has recently produced a Good Grief CD-Rom to help train teachers and health professionals working with bereaved families. For copies, contact the Service.

CRUSE Bereavement Service

0141 248 2199
or contact the National office for a local contact, tel: **01738 444 178**.

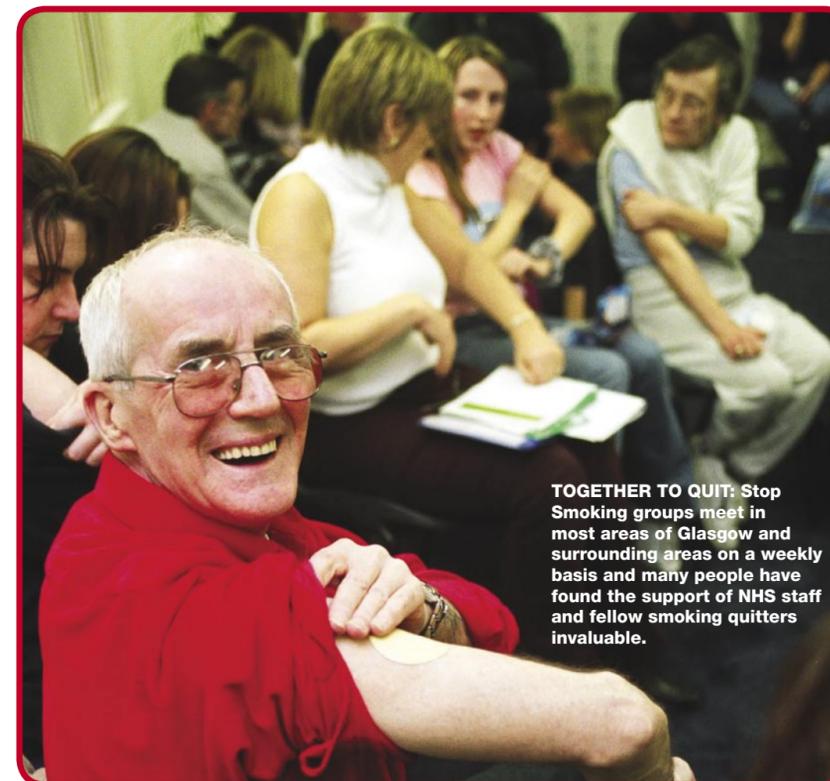
CARERS

A special information and support line is available for carers. Tel: **0141 353 6504**, email: carerssupportline@crossroads-scotland.co.uk or go to: www.nhs.gov.uk and click on Health in the Community for more information for carers.

Inverclyde Carers Centre
01475 735 180

Renfrewshire Carers Centre
0141 887 3643

West Dunbartonshire Carers Centre
0141 941 1550.



TOGETHER TO QUIT: Stop Smoking groups meet in most areas of Glasgow and surrounding areas on a weekly basis and many people have found the support of NHS staff and fellow smoking quitters invaluable.

Help to quit smoking

THERE'S lots of support available for people who want to stop smoking.

Starting Fresh is available in more than 160 pharmacies throughout Glasgow, where trained staff can offer one-to-one support with Nicotine Replacement Therapy (NRT), on a drop in basis, once-a-week for up to 12 weeks. For more information about participating pharmacies tel: **0800 389 3210**.

Stop Smoking groups also meet in most areas of Glasgow once a week, offering one of the most effective ways to quit. Details about these groups are available by contacting 0141 201 9825, or log onto: www.smokingconcerns.com.

If you live outside the Glasgow area, there are a number of places you can go to for help. Please call the

relevant number for your area:

- Paisley
0141 842 4829/4833
- West Renfrewshire
07810 832 167
- Barrhead, Renfrew and Erskine
0141 314 0815
- Inverclyde
01475 724 477
- Dumbarton, Vale of Leven and Lochside
01389 812 344
- There is also help for pregnant women who would like to give up. The Community Action on Tobacco for Children's Health (CATCH) is a smoking cessation service for pregnant women. CATCH services are based at the Royal Alexandra Hospital, Inverclyde Royal Hospital,

and the Vale of Leven Hospital.

The service provides friendly advice and support to pregnant, their partners and other family members to help them give up. For more information, ask your local smoking cessation midwife:

- Royal Alexandra Hospital
0141 314 7288
- Inverclyde Royal Hospital
01475 504 635
- Vale of Leven
01389 817 232

In Glasgow, pregnant women can get help to quit through the breathe project. Pregnant women who smoke can be referred to a specialist breathe midwife who can offer support to them and their families to quit.

DATES FOR THE DIARY...

Next date for the NHS Greater Glasgow and Clyde Board, Dalian House, 350 St Vincent Street, Glasgow is Tuesday, June 27, 2006.
May 2 - World Asthma Day
www.asthma.org.uk
May 7-13, 2006 - National Breastfeeding Awareness Week
www.breastfeeding.org.uk

May 14-20 - National Epilepsy Week
www.epilepsy.org.uk
and National Smile Week
www.dentalhealth.org.uk
May 31 - World No Tobacco Day
www.euro.who.int/tobaccofree
June 1-30 - Everyman Male Cancer Awareness Month
www.icr.ac.uk/everyman

June 3-11 - Heart Week
www.bhf.org.uk
June 11-17 - Diabetes Week
www.diabetes.org.uk
June 18-25 - Learning Disability Week
www.mencap.org.uk
June 26-July 2 - National Deafblind Awareness Week
www.deafblind.org.uk

MEN'S HEALTH

Wellman clinics

Get yourself a free health check at one of the city's new Wellman clinics!

Open to men living and working in the NHS Greater Glasgow and Clyde area, the Wellman service gives men the opportunity to access out-of-hours health advice and screening on a self-referral, invitation or drop-in basis.

Interested in attending the Wellman service? Contact: Castlemilk Health Centre

0141 433 4933

East Glasgow Clinics (East End Healthy Living Centre, Shettleston Health Centre and Easterhouse Health Centre)

0141 531 6289

Townhead Glasgow Clinic

0141 5318900

Springburn Health Centre

0141 531 6700

Community Centre for Health / Partick

0141 211 1400

Priesthill Community Centre

0141 892 0638

Pollokshields Clinic

0141 892 0638

Paisley and Renfrewshire

0141 842 4841

Inverclyde

01475 724422 ext 61167

West Dunbartonshire

01389 606 016

SEXUAL HEALTH SERVICES

The Sandyford Initiative provides sexual and reproductive health services for women, men and young people in Glasgow, as well as counselling, information and a range of specialist services.

Contact: The Sandyford Initiative, 2 Sandyford Place, Sauchiehall Street, Glasgow G3 7NB.

0141 211 8600

www.sandyford.org

Email: helpsandyford@gla.comen.scot.nhs.uk

Information on sexual health services are available at: www.yoursexualhealth.org.uk

Other services are available at: Russell Institute, Paisley

0141 889 1649

Inverclyde Royal Hospital

01475 504 978

Dumbarton Joint Hospital

01389 812 001 / 034

Barrhead

0141 880 6161

NO single person works alone in NHS Greater Glasgow and Clyde. If you come and work for us, you'll very quickly find that teamwork is an essential part of everything we do.

One lady who knows more than most the importance of successful teamwork is Glasgow's Director of Renal Transplantation, Laura Buist. Laura works with different 'teams', all of which interlink with each other to successfully ensure kidney transplants for patients in the West of Scotland.

As well as the transplant team based at the Western, Laura works with transplant teams across the UK and with UK Transplant based in Bristol, which holds information on donors and recipients across the whole of the UK.

Laura explained: "All these different groups interlink and it really is all about working together. Surgeons and co-ordinators from elsewhere in the UK help us to do our job. None of it works in isolation. If one bit falls down, it has repercussions on everything else."

In the West of Scotland, kidney donations from deceased donors can number 50 a year, and transplantations from live donors 25 a year.

The team that works with Laura - when in her role of retrieving organs - consists of an assistant surgeon, a scrub nurse, perfusionist and an anaesthetist as well as the co-ordinator. They can be called upon at any time if someone dies and wished to donate organs. The surgical team also is ready to implant kidneys at the Western whenever donor organs are available either from Scotland or allocated by UK Transplant for one of our patients.

When any donor within the UK is identified, UK Transplant is contacted and the donor details are fed into a central computer to find the patient who is the best match possible to receive the kidney.

With live donors, the system involves not just the two surgical teams, but also the Live Donor Co-ordinator who works within renal services at the Western. The co-ordinator may be helped in organising all the necessary investigations on the donor by her colleagues around the UK, if



SURGEON LAURA BUIST EXPLAINS WHY EVERY TRANSPLANT DEPENDS ON COOPERATION...LOTS OF IT!

DIRECTOR of Renal Transplantation Laura Buist (below) depends on a cast of thousands.



Teamwork ... an essential part of everything we do

the donor is not from the West of Scotland.

Laura explained: "The Live Donor Co-ordinator works up live donors and gets them ready for operations. Other co-ordinators are involved with facilitating organ donation from people who have died, publicity and public awareness of transplantation and record keeping."

All patients who are live donors and their recipients are also seen by independent assessors, who Laura describes as "an essential part of the team but, by definition, are not actually part of the team."

Although not involved in the work-up of patients, independent assessors are required to assess the live donor and make sure their rights and well-being are

protected; after which their secretaries send reports to the renal unit and, if needed, to the UK regulatory authority before the transplant can go ahead.

As well as comprising of four consultant surgeons, junior doctors, nurses, co-ordinators etc, the transplant team within the renal unit is heavily reliant upon two secretaries. One, the consultants' secretary,

provides admin support to the consultants in the unit and the other works more closely with the co-ordinators.

Laura said: "We also work very closely with nephrologists (experts in kidney diseases) and the Royal, but our work means we also have close contact with cardiologists, radiologists, interventionist radiologists, nuclear medicine and tissue-type lab and nearly every other specialist department in the hospital!"

"We are also heavily reliant on all of our lab services to provide blood test results. We can have two or three labs measuring different things, which are essential to test the progress of the transplant.

"We also depend on medical records. Our patients are in and out of hospital all the time so records are constantly being brought out and added to."

Once the transplant has taken place, outpatient staff work closely with transplant patients to aid their recuperation. A dedicated renal pharmacist makes sure patients are on the appropriate drugs and know which ones to take and when.

Another major part of the work for the renal unit surgical team is maintaining dialysis for those patients who are either waiting for transplants or dependant on dialysis because that is the best form of kidney treatment for them.

All of this clinical work is backed by a range of service managers and admin support staff ensuring business plans etc are in place to allow the team to function at its best.

While all this goes on inside the unit, Laura believes an essential part of the team is on the outside with the transport staff who get patients to and from hospital for dialysis and deliver kidneys to the unit.

"We have a fleet of cars that move patients about and we rely on our drivers to get patients to us. These guys bring patients in and out day or night as required, and that's the thing with transplants - we are always expecting them, but we can't always say when they will happen. Patients require different things at different times so we need all our staff to be flexible as we don't have the option of putting things off for another day."

Healthy advice for returning to work

SPECIALIST health teams from NHS Greater Glasgow and Clyde are working to help people with long-term health conditions get back into work.

They are part of the UK-wide Pathways to Work programme led by Job Centre Plus to help people on Incapacity Benefits return to the workplace.

The NHS teams are made up of occupational therapists,

physiotherapists and nurses, who are working alongside benefits advisors to assess those who will benefit from the programme.

Health staff are advising people how to manage their condition to the point where they can take up jobs.

Sue Plummer, Director of the Condition Management Programme (CMP), said:

"We want to build up people's confidence in their capacity and ability to return to work, not write them off just because they have a health problem."

Already more than 100 referrals had been received by our CMP teams and this is expected to increase to 1400 annually.



SUE Plummer, NHS Greater Glasgow and Clyde's Director of the Condition Management Programme.

Refugee's new life thanks to hospital job

A REFUGEE who fled civil unrest in Angola is planning a new life in Scotland thanks to a unique job-training scheme involving NHS Greater Glasgow and Clyde.

Manuel Bernardo (27) now works as a domestic at the Central Decontamination Unit in Cowliars, thanks to the Working for Health in Greater Glasgow (WHIGG) programme.

WHIGG is a training initiative which helps unemployed people train for and gain employment within NHS Greater Glasgow and Clyde. It is run in partnership by NHS Greater Glasgow and Clyde, Scottish Enterprise Glasgow, the Wise Group and Job Centre Plus.

Now that he is working, Manuel feels he can start to look forward to the future.

He said: "I can now start my new life. I have been through a lot of difficulties, but now I have a job I feel much happier. Before I was just coming home, going to bed and thinking about what was going to happen in the morning. Now I can make long-term plans and I feel much more relaxed."

Manuel came to Glasgow in 2002 to escape the conflict in his own country, where he had worked as a labourer, chef's assistant and was also in the army. He was given his refugee status in September last year, but his attempts to find a job were hampered by a lack of references and experience.

With help and support from his refugee support worker, Manuel studied electrical maintenance at North Glasgow College where he also took English classes.

Manuel said: "I went to see my refugee support worker and he gave me a leaflet about the WISE Group (who organise national training) and the NHS course. The next day I came here for an interview. A week later I had a letter offering me a place. I started in December.

"The WHIGG course has built up my confidence, helped improve my English and gave me references. The work placement was very helpful because from that I got a job. I needed a job, I needed to work and the placement meant I had a foot in the door."

Manuel, along with another seven trainees, first went through a pre-course which prepared him for WHIGG. That first course had a strong emphasis on language skills, how to find jobs and explaining the NHS culture. All eight trainees, who came from Sri Lanka, Ukraine, Burundi, Sudan, Angola, Cameroon, and the Democratic Republic of Congo, finished the pilot and transferred to the next stage of the WHIGG programme in January.

Laura McKie, WHIGG's Refugee Development Officer, praised the commitment of the class.

She said: "We started with eight and finished with eight. They were all highly motivated trainees who worked hard to address the barriers they faced to get into employment."

Jim Reid, Senior Project Manager, the Wise Group, said of the first class: "I think this was a real acid test for all of us. It really surprised me how well it came together, they excelled themselves in many ways. Normally we lose one or two, but every one of them stayed the course.

"The thing that amazed me is their adaptability, their hunger and desire to learn."



AT the campaign launch with Health Minister, Andy Kerr are: Mental Health Nurse, Martin Harvey (Leverndale Hospital), Senior Occupational Therapist Elaine Holmes (Western Infirmary), Radiographer Rachel Watson (who works in Dundee) and Prescribing Support Pharmacist Alia Gilani (Southern General).

Picture courtesy of Bill Fleming, Daily Record.

Staff star on TV as NHS aims to recruit the best

NHS Greater Glasgow and Clyde staff are taking starring roles in a new recruitment campaign run by the Scottish Executive.

And you may have already seen them! They are some of the NHS staff featuring in television adverts and posters across Scotland highlighting the rewards and challenges that face those employed within the NHS.

Recently launched by Health Minister, Andy Kerr, at the Community Centre for Health in Partick, the campaign features a range of staff working in very different fields including a Mental Health Nurse, a Senior Occupational Therapist, a Diagnostic Radiographer, a Hospital Chaplain and a Medical Photographer.

Already Staff Nurse Jerry Muyot (Southern General) has appeared in the first of a series of TV adverts along with Mental Health Nurse, Martin Harvey (Leverndale Hospital), Alia Gilani, a Prescribing Support Pharmacist who works at the Southern General Hospital, is set to appear in the second run of television adverts later this year, as will Elaine Holmes, featured in our Page One story.

Alia said she thought the campaign was a great opportunity to show the diversity of pharmacy roles available within the NHS: "Everyone thinks being a pharmacist means working in a pharmacy, but in the NHS, pharmacy is really moving forward and I find myself working in the community settings as well as with primary care practices."

The campaign demonstrates the wealth of talent and ability within the NHS. There are more than 140 different types of jobs within the Health Service, with thousands of people working, not just as doctors and nurses, but in management and administration.



STAFF Nurse Jerry Muyot.



ALIA Gilani at work in the pharmacy at the Southern General Hospital.

FOR a list of current job opportunities in NHS Greater Glasgow and Clyde visit www.nhsggc.org.uk

Father's Day fun as NHS backs first men's 10K

NHS Greater Glasgow and Clyde is supporting the first men's 10K event taking place in Glasgow this June.

The race will take place in Bellahouston Park on Father's Day (June 18) and is expected to attract around 1500 participants.

Among those taking part will be a number of NHS Greater Glasgow and Clyde staff such as Stevie Lydon, the Strategy Co-ordinator for the Alcohol and Drug Team at Ross House in Paisley.

Stevie explained: "While I'm doing the race for fun and I wanted to support the event, I think it's a good idea for men as it encourages them to take responsibility for maintaining their own health."

Another NHS Greater Glasgow and Clyde employee

taking part is Keith Dunn, an Estates Officer at the Royal Alexandra Hospital, an ex-marathon runner who will be raising funds for Erskine Hospital.

The first men's 10K was launched by the Men's Health Forum Scotland working with CancerBACUP and a wide range of partners including NHS Greater Glasgow and Clyde.

It aims to raise the profile of men's health, to involve men in healthy activity and, through the involvement of CancerBACUP, encourage greater awareness of cancer issues amongst men.

National Co-ordinator of the Men's Health Forum, Mark Ward said: "This event is designed for men of all ages and abilities and we are delighted at the high level of support we have received so far.



THE Anderson brothers prepare for the 10K race on June 18. Photograph courtesy of Lewis Segal.

"We hope to see family teams taking part - grandfathers, fathers, sons, uncles and brothers - and there will be plenty of other activities for supporters on the day."

One such family team is Martin Anderson, a technician at Gartnavel General Hospital, and his two brothers Steven and Michael. The brothers are

running to raise money for Cancer Research as the disease has affected family members, including their mother.

For more information and to register for the first men's 10k, contact the Men's Health Forum, tel: 0141 550 7515, email: tenk@mhfs.org.uk or visit: www.mhfs.org.uk

WOMEN'S FOOTBALL GOING STRONG

WOMEN'S football in Glasgow and Clyde is going from strength to strength as we continue to produce players whose skill and ability takes them to the top of their sport.

Five girls from local clubs are set to travel to Finland for a friendly international in preparation for the under-19 UEFA Championships.

They are: Lesley Condie from Queens Park LFC, Ashleigh McCallum from Baillieston GFC, Emma Fernon from Glasgow City LFC, Kathleen Lagan from Arthurlie LFC and Jane Ross from Paisley Saints GFC.

As partners with Scottish Women's Football, NHS Greater Glasgow and Clyde wishes all the girls the very best of luck, and remember they do have a lot to live up to! Last season, Scotland's under-19s reached the final of the European Championship, which was held in Hungary, so fingers are crossed for similar success this year.

Still flying the flag in their respective Scottish Cups are Baillieston and Paisley Saints at under-17 age group, and Glen Lussett at under-15. The under-13 final, which this year took on a new format with regional heats, prior to going national, has Paisley Saints and Clyde playing against each other for the title.

The final for the Scottish Cup will be held on May 7, 2006 at Forthbank Stadium, Stirling - prior to that our Glasgow teams have still to face the quarter-finals and semi-finals respectively.

On top of all that, the first Match Fit is now out. The official magazine for Women's football, it has all the latest news as well as interviews with players and comment from fans of the game. To get your copy, contact Scottish Women's Football (SWF), email address below.

If you are interested in entering a team into the West Region, please make application asap to SWF or if you would like some information on how to join a team, send your request to email: swf@scottish-football.com

2014 here we come

SCHOOLS OLYMPICS BOOST AS GLASGOW'S BID FOR GAMES GAINS MOMENTUM

GLASGOW is going sports crazy as Scottish Commonwealth Games medal winners bask in their success and the first Children's Olympics is announced.

The city is to host the very first UK Schools Olympics this year and the announcement has given the city's sporting reputation a massive boost.

More than 1000 young athletes will be heading to Scotland to show their sporting potential at the £2million event and possibly become Olympic and Commonwealth stars of the future.

This good news has further strengthened Glasgow's bid to host the 2014 Commonwealth Games, which is gaining support from a wide range of organisations, businesses, groups and individuals.

Despite stiff competition from Canada and Nigeria, Glasgow is surging ahead with its bid. Those involved in Glasgow's



FOOTBALLERS David Marshall (Celtic) and Chris Burke (Rangers) back the bid.

bid were in Melbourne - hosts of the 2006 Games - to meet officials to discuss what our city has to offer. They've also, naturally, been joining in the celebrations as Scottish team members racked up a record medals tally.

Bringing the Games to Glasgow could mean massive regeneration of the city as well as inspiring young people to take up sports, improve the national health of Scotland and instil a sense of pride and confidence in all those taking part and watching events live or on television.

Glasgow City Council has already approved plans to develop two new multi-national pound sports venues at Toryglen Regional Indoor Centre and the Scotstoun Rugby and Athletics Stadium. The real winners, however, will be today's schoolchildren who can improve their health and fitness by using the facilities.

NHS Greater Glasgow and Clyde continues to give the bid its full support and encourages everyone to show their support by:

- Going to: www.glasgow2014.com to register your support.
- Text GOLD to 61611.
- Look out for postcards you can sign and send on.

OUR PARTNERS -

NHS Greater Glasgow and Clyde works with a number of partner local authorities, charities and other organisations such as Strathclyde Police and NHS 24. Our main partners are:



East Dunbartonshire Council
www.eastdunbarton.gov.uk

