Schools Survey - Health and Well-being of S1-S4 Pupils in New Learning Community Schools in Glasgow City

Final Headline Report

Prepared for

NHS Greater Glasgow and Clyde

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1 Introduction

1.1 Introduction

In 2007, some 9,246 secondary school pupils (S1-S4) across 28 Glasgow City schools completed a health and wellbeing survey questionnaire. This represents nearly 50% of the S1-S4 roll in Glasgow City. The study was commissioned by NHS Greater Glasgow and Clyde and carried out by the SCRE centre at University of Glasgow.

The aims of the study were to provide information which could be used to inform developments within each individual school/New Learning Community and also to provide a baseline of pupil health and wellbeing data against which future progress can be measured.

The survey covered the following topics:

- Demographics – including age, gender, deprivation category, ethnicity, feeder primary, carer/guardian with whom pupils have main residence;
- Mental health, self esteem, locus of control, worries;
- Bullying, racism, accidents, illness and disability;
- Oral health, diet, exercise and travel;
- Smoking, alcohol, drugs;
- Awareness and use of – health services, youth clubs, Childline;
- Antisocial behaviour, carer status and future hopes.

The survey questionnaire can be found in Appendix A.

The SCRE centre prepared the main findings report from the study. The main report presents the findings for all pupils together, and examines differences by the following key variables:

- Sex (male or female);
- Year Group (lower school or upper school);
- Self-esteem (low, middle or high – measured separately for males and females);
- Chronic Illness or Disability (disabled/chronic illness or no disability/chronic illness);
- Ethnicity;
- Deprivation (high or low deprivation).

1.2 Survey Methodology

The project specification required the research team to organise the administration of a pre-existing questionnaire in all Glasgow City’s secondary schools with a 50% sample of pupils in S1–S4. Such a sample would provide substantial questionnaire numbers which would allow for robust statistical analysis as well as provide sufficient data at the school

1 This section is replicated from the main findings report produced by SCRE.
level to conduct, for example, gender and year group cross-tabulations. Key to the successful completion of this exercise was the cooperation of schools and the ability to complete fieldwork in a relatively short period of time.

**Questionnaire administration**

All secondary schools in the city were contacted and provided with an information pack which gave details about the project and its aims, the support available from the research team, and what would be expected from the schools. To encourage participation in the survey SCRE also produced a short information sheet for pupils to inform them of the survey aims, stress their individual anonymity and let them know what the results will be used for.

Most schools opted to administer questionnaires to pupils in classes such as PSE (which were not organised by ability). In a few cases schools organised large numbers of pupils to complete the questionnaire in gymnasium or dining hall settings. In a number of instances the health development officer provided additional support for the questionnaire administration. Whatever method schools adopted for the administration of the questionnaire, research team members were available to help. Approximately half of the schools took up the offer of support for administering the questionnaire while the others organised their own procedures. At all stages of the fieldwork the survey manager liaised with schools to check on their procedures, timetable, and sample selection (to ensure it was representative of the pupil population). Key to the success of the survey was ensuring that the research team were able to meet the support requests from schools and to work with schools to ensure the minimum disruption to the schools work and timetable.

In the project specification the funder NHS Greater Glasgow and Clyde (NHSGGC) had indicated a particular interest in the experiences of minority ethnic students, asylum seekers, and pupils who had recently come to Glasgow from the A8 countries — the eight Eastern European nations who had joined the European Union since 2004. In schools where such pupils were present, the survey manager team asked schools to include such pupils in the survey. However, schools were not always keen to do this, suggesting that this could make such pupils feel ‘singled out’.

The SCRE Centre also employed a small number of students from within the Faculty of Education to provide additional support for the fieldwork. These students were trained in the administration of the questionnaire and were required to submit reports on their experiences in each of the schools that they were involved with.

Returned questionnaires from each school were sorted by year group and were checked against the school roll and year group totals. After reviewing the initial returns and following discussion with NHSGGC it was decided to ask a number of schools to ‘top up’ their samples for particular year groups. Completed questionnaires were despatched to a professional data processing agency for ‘punching and verifying’.

A datafile for the first few hundred processed questionnaires was returned to SCRE for checking before larger batches of questionnaires were processed.

In general the majority of pupils coped with the questionnaire. However, while administering the questionnaire it was noted by the research team that in many of the schools, small numbers of students failed to complete the questionnaires in the time available. In a few instances, there were pupils who lacked a sufficient grasp of English to undertake the questionnaire without substantial support.

As part of the research project’s quality assurance and monitoring procedures, those administering the survey across the schools provided feedback on any issues to arise.

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2 The A8 Countries are Czech Republic, Estonia, Hungary, Latvia, Lithuania, Poland, Slovakia and Slovenia
concerning pupils’ ability to complete the survey. While the numbers of pupils who reported difficulty with certain questions was limited, it is important to take their comments into account, both for the interpretation of the findings emerging from the particular questions and to inform the design of subsequent survey instruments. The main issues to emerge from survey administrators’ observations were:

- Completing the survey in ‘exam conditions’ in classrooms as opposed to large-scale administration in gymnasium or dining hall situations, often meant pupils were more aware of being supervised and, therefore, paid more attention to the task.
- Survey administrators reported that S1 pupils were more likely than other year groups to experience difficulty understanding questions.
- Pupils did not always follow the routing directions throughout the questionnaire.
- Some pupils with English as a second language had difficulty completing the questionnaire.

**Survey responses**

In total 28\(^3\) out of 29 Glasgow secondary schools took part in the survey giving a school response rate of 97%. In terms of the questionnaire response rate, the number of questionnaires returned was 9,246, out of a potential 10,382, representing 89% of the expected sample (50% of S1 to S4 pupils). Given the tight timetable for conducting the fieldwork this represents a particularly sound response rate. Indeed the figures compare favourably with the most recent SALSUS study in Scottish secondary schools, which achieved a school response rate of 69%, and a pupil response rate of 82% (SALSUS, 2006).

1.3 **This Report**

This report has been prepared by Traci Leven Research. It presents headline findings for Glasgow City and for each of the five Community Health Care Partnerships (CHCPs) in Glasgow. Separate reports will also be available which will provide the detailed findings for each CHCP together with comparisons with the findings for Glasgow City.

The key indicator data presented here are:

- % of children living with 2 parents; 1 parent; re-partnered families; other families;
- % of children with a family member with a disability, long term illness or drug or alcohol problem;
- % of these children who spend time caring;
- % positive about their general health;
- % with a long term illness or disability;
- % of these with asthma; eczema;
- % of boys with high self esteem;
- % of girls with high self esteem;
- % of boys with low self esteem;
- % of girls with low self esteem;
- % of children who brushed their teeth twice or more a day;
- % of children who exercised 4 or more times a week for 30 minutes or more on each occasion;

\(^3\) This includes Glasgow Gaelic school at which there were only 30 respondents. Due to the small sample size of this school, findings are not reported separately for Glasgow Gaelic in this report, hence there are findings for 27 rather than 28 schools.
• % of children who eat 5 or more portions of fresh fruit or veg in a day;
• % smoking on at least some days;
• % smoking on at least some days in S4;
• % of children who report drinking alcohol weekly;
• % of children who report drinking alcohol weekly in S4;
• % of S4s who report getting drunk at least once a week;
• % taken non prescription drugs in the last year;
• % taken non prescription drugs in the last year in S4;
• The 3 most common non prescription drugs used;
• % admitting anti social behaviour;
• % admitting to anti social behaviour in S4;
• Most common forms of anti social behaviour;
• % carrying a weapon in school;
• % carrying a weapon out of school;
• % who had been bullied in the previous year;
• % victimised or treated differently because of skin colour;
• % of children with a computer at home;
• % of children with access to the internet at home;
• Awareness levels for local services including childline; health services and youth services;
• % who would not use childline even if they had to;
• % who hold a young scot card;
• Most common activity with the young scot card;
• % aim to stay on at school or further education;
• % aim to get a job;
• % who think it is unlikely they’ll have a criminal record by the time they are 20;
• % with a criminal record;
• % who think it likely they will have a criminal record.

The survey questionnaire and the base N for each indicator are provided in the appendices.
Table 2.1 below shows the indicator data relating to family composition and caring responsibilities for Glasgow City and each CHCP. Across Glasgow, 61% of pupils were living with both their parents. There was not a large amount of variation across the city, but pupils in the South East CHCP were most likely to be living with both parents (67%).

Table 2.1: Family Composition and caring responsibilities – Glasgow City and each CHCP

<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Living with 2 parents</td>
<td>60.7%</td>
<td>57.8%</td>
<td>60.1%</td>
<td>59.6%</td>
<td>67.2%</td>
<td>60.2%</td>
</tr>
<tr>
<td>Living with 1 parent(^1)</td>
<td>26.1%</td>
<td>27.4%</td>
<td>26.2%</td>
<td>28.4%</td>
<td>22.6%</td>
<td>25.1%</td>
</tr>
<tr>
<td>Living with re-partnered families(^2)</td>
<td>8.0%</td>
<td>8.5%</td>
<td>8.5%</td>
<td>7.9%</td>
<td>6.3%</td>
<td>8.6%</td>
</tr>
<tr>
<td>Other families</td>
<td>5.1%</td>
<td>6.3%</td>
<td>5.2%</td>
<td>4.1%</td>
<td>3.9%</td>
<td>6.1%</td>
</tr>
<tr>
<td>Have a family member with a disability, long term illness or drug or alcohol problem</td>
<td>30.0%</td>
<td>29.9%</td>
<td>32.9%</td>
<td>30.1%</td>
<td>27.5%</td>
<td>28.1%</td>
</tr>
<tr>
<td>% of these children who spend time caring</td>
<td>52.3%</td>
<td>56.9%</td>
<td>53.4%</td>
<td>49.7%</td>
<td>50.3%</td>
<td>51.0%</td>
</tr>
</tbody>
</table>

Notes:
1 ‘Living with 1 parent’ included those living part-time with one parent and part time with the other as well as those living full time with either their mother or their father
2 ‘Re-partnered’ families includes those living with their father and their father’s partner or their mother and their mother’s partner

Questions used for these indicators were Q95, Q76 and Q77. See Appendix A for survey questionnaire and Appendix B for Base N for each question.

Nearly a third of pupils (30%) in Glasgow were living with a family member with a disability, long term illness or drug or alcohol problem. Of these, just over half (52%) spent time caring for their family member.
3 Health and Illness

Table 3.1 gives headline indicator data relating to health and illness. Overall, nearly three quarters (74%) of pupils were positive about their general health. Over a fifth of pupils (22%) had some long term illness or disability, the most common of which were asthma and eczema. Findings were similar for all CHCPs for these indicators.

Table 3.1: Health Indicators – Glasgow City and each CHCP

<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive about</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>general health</td>
<td>74.0%</td>
<td>73.5%</td>
<td>74.5%</td>
<td>74.9%</td>
<td>76.9%</td>
<td>70.5%</td>
</tr>
<tr>
<td>With a long</td>
<td>21.9%</td>
<td>21.7%</td>
<td>20.7%</td>
<td>22.3%</td>
<td>21.7%</td>
<td>23.3%</td>
</tr>
<tr>
<td>term illness or</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>disability</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>% of these who have</td>
<td>53.3%</td>
<td>56.1%</td>
<td>57.1%</td>
<td>47.0%</td>
<td>54.6%</td>
<td>52.3%</td>
</tr>
<tr>
<td>asthma</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>% of these who have</td>
<td>21.0%</td>
<td>21.9%</td>
<td>22.9%</td>
<td>22.3%</td>
<td>13.3%</td>
<td>22.7%</td>
</tr>
<tr>
<td>eczema</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Notes:
Questions used for these indicators were Q7, Q17 and Q18. See Appendix A for survey questionnaire and Appendix B for Base N for each question.
4 Self Esteem

This chapter provides headline data on self esteem for males and females.

Note on Self Esteem

Males were significantly more likely to record as higher self-esteem than females. Forty-four percent (44%, 1,637 pupils) of males compared to 26% (1,052 pupils) of females were scored as high, while 21% (774 pupils) of males and 40% (1,578 pupils) of females were scored as low. Given this situation and based on previous SCRE experience of using the self-esteem instrument (which time and again has scored greater proportions of females as having lower self-esteem and males as having higher self-esteem), it was decided to consider self-esteem for males and females separately. Subsequently males and females were allocated to categories (low, medium, high) based on the distribution of self-esteem scores within their sex grouping. The tables below give details these groupings. The range of scores for each was selected to match as closely as possible to thirds of each of the distributions.

Self-esteem groupings by sex:

<table>
<thead>
<tr>
<th>Self-esteem</th>
<th>Males (%)</th>
<th>Self-esteem</th>
<th>Females (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low (10-29)</td>
<td>28</td>
<td>Low (10-27)</td>
<td>32</td>
</tr>
<tr>
<td>Medium (30-33)</td>
<td>37</td>
<td>Medium (28-31)</td>
<td>34</td>
</tr>
<tr>
<td>High (34-40)</td>
<td>36</td>
<td>High (32-40)</td>
<td>34</td>
</tr>
<tr>
<td>N=3,693</td>
<td></td>
<td>N=4,019</td>
<td></td>
</tr>
</tbody>
</table>

Table 4.1 below shows the proportion of girls and boys with high and low self esteem for Glasgow City and for each of the five CHCPs. Using the gender-specific measures of self esteem described in the note above, 36% of boys and 34% of girls across Glasgow had high self esteem; 28% of boys and 32% of girls had low self esteem. Patterns were similar across all CHCPs.

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4 This note is replicated from the Main Findings Report produced by SCRE.
<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Boys with high self esteem</strong></td>
<td>35.5%</td>
<td>32.3%</td>
<td>35.1%</td>
<td>37.5%</td>
<td>36.9%</td>
<td>36.0%</td>
</tr>
<tr>
<td><strong>Girls with high self esteem</strong></td>
<td>33.9%</td>
<td>33.6%</td>
<td>29.9%</td>
<td>35.1%</td>
<td>38.4%</td>
<td>34.1%</td>
</tr>
<tr>
<td><strong>Boys with low self esteem</strong></td>
<td>27.7%</td>
<td>28.5%</td>
<td>27.3%</td>
<td>27.4%</td>
<td>27.3%</td>
<td>28.1%</td>
</tr>
<tr>
<td><strong>Girls with low self esteem</strong></td>
<td>32.3%</td>
<td>31.6%</td>
<td>33.3%</td>
<td>30.8%</td>
<td>29.6%</td>
<td>35.3%</td>
</tr>
</tbody>
</table>

**Notes:**
Measures of self-esteem were derived from Q9. See Appendix A for survey questionnaire and Appendix B for Base N for the self-esteem variable.


5  Indicators of Oral Health, Exercise and Fruit/Vegetable Consumption

This chapter presents indicator data for oral health, exercise and fruit and vegetable consumption. Table 5.1 shows these indicators for Glasgow City and for each of the five CHCPs.

Table 5.1: Indicators of Oral Health, Exercise and Fruit and Vegetable Consumption – Glasgow City and each CHCP

<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brush teeth twice or more a day</td>
<td>77.2%</td>
<td>74.5%</td>
<td>78.7%</td>
<td>80.0%</td>
<td>77.4%</td>
<td>74.5%</td>
</tr>
<tr>
<td>Exercise 4 or more times per week with an average of duration of more than 30 minutes</td>
<td>36.0%</td>
<td>34.2%</td>
<td>36.9%</td>
<td>35.2%</td>
<td>36.3%</td>
<td>37.3%</td>
</tr>
<tr>
<td>Eat 5 or more portions of fresh fruit/veg in a day</td>
<td>33.9%</td>
<td>29.0%</td>
<td>30.0%</td>
<td>42.1%</td>
<td>36.6%</td>
<td>32.1%</td>
</tr>
</tbody>
</table>

Notes:
Questions used for these indicators were Q21, exercise indicator derived from Q29 and Q30, fruit/veg indicator derived from Q40 and Q41. See Appendix A for survey questionnaire and Appendix B for Base N for each question/indicator.

Overall, just over three quarters (77%) of pupils in Glasgow had brushed their teeth two times or more in the previous day. There was little variation across CHCPs, ranging from 74% in the North and South West to 80% in the West.

Just over a third (36%) of pupils in Glasgow said that they exercised four or more times per week where activities had an average duration of more than 30 minutes. All CHCPs showed similar results for this indicator.
A third (34%) of pupils said that they had eaten five or more portions of fruit and/or vegetables in the previous day. There was some variation between CHCPs, ranging from 29% consuming five portions in the North CHCP to 42% in the West CHCP. This is shown in Figure 5.1 below.

**Figure 5.1: Proportion of Pupils who eat 5 or More Portions of Fruit/Vegetables Per Day – Glasgow City and CHCPs**
6 Smoking, Alcohol Consumption and Drug Taking

Table 6.1 shows the key indicator data relating to smoking, alcohol consumption and drug taking for Glasgow City and each of the CHCPs.

Table 6.1: Smoking, Alcohol Consumption and Drug Taking– Glasgow City and each CHCP

<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smoking on at least some days</td>
<td>9.7%</td>
<td>9.1%</td>
<td>9.0%</td>
<td>10.4%</td>
<td>9.7%</td>
<td>10.1%</td>
</tr>
<tr>
<td>Smoking on at least some days in S4</td>
<td>15.8%</td>
<td>19.9%</td>
<td>11.4%</td>
<td>16.9%</td>
<td>16.3%</td>
<td>15.9%</td>
</tr>
<tr>
<td>S4s who report getting drunk at least once a week</td>
<td>25.7%</td>
<td>24.7%</td>
<td>28.0%</td>
<td>24.4%</td>
<td>24.1%</td>
<td>26.7%</td>
</tr>
<tr>
<td>Taken non prescription drugs in the last year</td>
<td>18.2%</td>
<td>18.4%</td>
<td>20.3%</td>
<td>17.5%</td>
<td>18.4%</td>
<td>15.7%</td>
</tr>
<tr>
<td>Taken non prescription drugs in the last year in S4</td>
<td>29.6%</td>
<td>31.4%</td>
<td>32.1%</td>
<td>29.1%</td>
<td>31.5%</td>
<td>24.5%</td>
</tr>
</tbody>
</table>

Notes:
Questions used for these indicators were Q42, Q53 and Q56. See Appendix A for survey questionnaire and Appendix B for Base N for each question/indicator.

One in ten pupils in Glasgow was smoking on at least some days. There was little variation across CHCPs for this indicator. However, more variation is observed in the proportion of S4 pupils who were smoking on at least some days: while 16% of S4 pupils in Glasgow smoked on at least some days, this ranged from 11% in the East to 20% in the North. This is shown in Figure 6.1 below.
A quarter (26%) of S4 pupils said that they got drunk at least once a week. This varied little across the city. Overall, 18% of pupils in Glasgow had taken non-prescription drugs in the last year, and 30% of those in S4 had done so. Levels of drug use were similar across CHCPs.

Among those who had taken drugs, the most common types of drugs taken were Cannabis (80%), Ecstasy (27%) and Cocaine (16%). Use of Ecstasy appeared to be particularly high in the East CHCP, where 40% of all those who had taken a non-prescription drug in the last year had taken ecstasy.

Table 6.2: Three Most Common Non Prescription Drugs Used in Last Year (% of all those who had used any drugs).

<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cannabis</td>
<td>79.6%</td>
<td>80.3%</td>
<td>79.8%</td>
<td>81.0%</td>
<td>78.4%</td>
<td>77.8%</td>
</tr>
<tr>
<td>Ecstasy</td>
<td>27.4%</td>
<td>23.8%</td>
<td>40.0%</td>
<td>20.2%</td>
<td>18.0%</td>
<td>28.2%</td>
</tr>
<tr>
<td>Cocaine</td>
<td>15.8%</td>
<td>16.6%</td>
<td>19.5%</td>
<td>11.5%</td>
<td>14.9%</td>
<td>15.0%</td>
</tr>
</tbody>
</table>

Notes:
Question used for these indicators was Q56. See Appendix A for survey questionnaire and Appendix B for Base N for each question/indicator.
7 Anti Social Behaviour and Bullying

Table 7.1 below shows the indicator data relating to anti social behaviour and bullying. Here, anti social behaviour includes:

- Truanting;
- Shoplifting;
- Fighting;
- Gang fighting;
- Threatening/bullying/harassing a person;
- Carrying a weapon outside school;
- Carrying a weapon inside school;
- Drug dealing;
- Vandalism/graffiti;
- Breaking into school, shop or another person’s home.

Table 7.1: Anti Social Behaviour and Bullying– Glasgow City and each CHCP

<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admit anti social behaviour</td>
<td>48.6%</td>
<td>48.8%</td>
<td>50.5%</td>
<td>47.2%</td>
<td>49.3%</td>
<td>47.1%</td>
</tr>
<tr>
<td>Admit anti social behaviour in S4</td>
<td>56.6%</td>
<td>56.4%</td>
<td>57.8%</td>
<td>56.3%</td>
<td>58.7%</td>
<td>54.1%</td>
</tr>
<tr>
<td>Carry a weapon in school</td>
<td>2.4%</td>
<td>2.9%</td>
<td>1.9%</td>
<td>2.5%</td>
<td>2.2%</td>
<td>2.3%</td>
</tr>
<tr>
<td>Carry a weapon out of school</td>
<td>8.1%</td>
<td>8.7%</td>
<td>9.1%</td>
<td>7.0%</td>
<td>7.5%</td>
<td>7.8%</td>
</tr>
<tr>
<td>Been bullied in the past year at school</td>
<td>13.1%</td>
<td>11.1%</td>
<td>11.3%</td>
<td>15.3%</td>
<td>12.9%</td>
<td>15.3%</td>
</tr>
<tr>
<td>Been victimised or treated differently because of skin colour</td>
<td>13.5%</td>
<td>14.7%</td>
<td>9.9%</td>
<td>14.1%</td>
<td>15.0%</td>
<td>14.9%</td>
</tr>
</tbody>
</table>

Notes:
Questions used for these indicators were Q71, Q12 and Q15. See Appendix A for survey questionnaire and Appendix B for Base N for each question/indicator.

Overall, half (49%) of pupils in Glasgow City admitted at least one of the listed types of anti social behaviour in the past year. Among S4 pupils, 57% admitted to at least one form of anti social behaviour. Results for all CHCPs were very similar for this indicator. The three most commonly admitted types of anti social behaviour were fighting (28% of all pupils), truanting (28%) and vandalism (17%).
Table 7.2: Most Common Forms of Anti-Social Behaviour– Glasgow City and each CHCP

<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fighting</td>
<td>28.2%</td>
<td>29.0%</td>
<td>30.6%</td>
<td>24.5%</td>
<td>28.0%</td>
<td>28.6%</td>
</tr>
<tr>
<td>Truanting</td>
<td>27.6%</td>
<td>26.6%</td>
<td>26.7%</td>
<td>30.6%</td>
<td>27.1%</td>
<td>26.6%</td>
</tr>
<tr>
<td>Vandalism</td>
<td>17.1%</td>
<td>18.9%</td>
<td>19.9%</td>
<td>15.2%</td>
<td>16.3%</td>
<td>14.4%</td>
</tr>
</tbody>
</table>

Notes:
Question used for these indicators was Q71. See Appendix A for survey questionnaire and Appendix B for Base N for each question/indicator.

In Glasgow, 2% of pupils admitted carrying a weapon in school and 8% admitted carrying a weapon out of school.

In Glasgow as a whole, 13% of pupils said they had been bullied in the past year at their school. This was lowest in the North and East CHCPs (11%) and highest in the West and South West (15%).

Overall, 14% of pupils felt that they had been victimised or treated differently because of their skin colour in the last year (not necessarily at school). This included being physically attacked, being called names, being picked on or otherwise treated differently (e.g. not been chosen for something). Figure 7.1 below shows how this indicator varied by ethnic group – with around half of all ethnic minority groups feeling that they had been victimised or treated differently because of their skin colour.

Figure 7.1: Proportion victimised or treated differently because of skin colour by ethnic group

Notes:
'White'= all responses at Q96 section a. 'Black'=all responses at Q96 section b. 'Asian'=all responses at Q96 section c. 'Other (inc. Chinese)' = all responses at Q96 sections d and e. See Appendix A for survey questionnaire.
8 Access to Internet and Awareness/Use of Services

The table below shows the key indicators relating to access to the internet and the awareness and use of services for Glasgow City and each CHCP.

Table 8.1: Access to Internet and Awareness/Use of Services– Glasgow City and each CHCP

<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have a computer at home</td>
<td>92.7%</td>
<td>92.1%</td>
<td>91.5%</td>
<td>94.0%</td>
<td>95.2%</td>
<td>91.2%</td>
</tr>
<tr>
<td>Have access to the internet at home</td>
<td>83.6%</td>
<td>84.1%</td>
<td>79.5%</td>
<td>87.2%</td>
<td>88.2%</td>
<td>80.7%</td>
</tr>
<tr>
<td>Aware of Childline</td>
<td>94.4%</td>
<td>92.8%</td>
<td>95.1%</td>
<td>94.8%</td>
<td>94.0%</td>
<td>95.0%</td>
</tr>
<tr>
<td>Of these, would not use Childline</td>
<td>40.8%</td>
<td>44.4%</td>
<td>40.2%</td>
<td>38.5%</td>
<td>41.1%</td>
<td>40.8%</td>
</tr>
<tr>
<td>Aware of the Sandyford Initiative</td>
<td>7.5%</td>
<td>4.1%</td>
<td>10.5%</td>
<td>13.3%</td>
<td>3.2%</td>
<td>4.0%</td>
</tr>
<tr>
<td>Aware of The Place at Sandyford</td>
<td>4.2%</td>
<td>2.8%</td>
<td>5.6%</td>
<td>7.5%</td>
<td>1.6%</td>
<td>2.0%</td>
</tr>
<tr>
<td>Hold a Young Scot Card</td>
<td>79.2%</td>
<td>81.1%</td>
<td>79.0%</td>
<td>80.2%</td>
<td>75.7%</td>
<td>79.6%</td>
</tr>
</tbody>
</table>

Notes:
Questions used for these indicators were Q72, Q74, Q60, Q61 and Q63. See Appendix A for survey questionnaire and Appendix B for Base N for each question/indicator.

Nearly all (93%) of pupils had a computer in their home while 84% had access to the internet at home. Access to the internet was lowest in the East CHCP (80%) and highest in the South East (88%).

Nearly all (94%) of pupils were aware of Childline, and of these 41% said that they would not use the service even if they had cause to. The proportion who said they would not use it ranged from 38% in the West CHCP to 44% in the North CHCP.

Overall, 8% of pupils across Glasgow had heard of the Sandyford Initiative. However, there was considerable variation across CHCPs. Awareness was lowest in the South East (3%) and highest in the West (13%).
Overall, 4% of pupils had heard of The Place at Sandyford. This ranged from 2% in the South East to 8% in the West.

Overall, 79% of pupils in Glasgow City held a Young Scot Card. The most common activity with a Young Scot Card was swimming (77% of all Young Scot card holders). This was the most common activity for all CHCPs and all schools.
9  Plans/Views of the Future

Table 9.1 shows the key indicators for pupils aims and expectations of the future. Overall, among those who knew what they aimed to do after S4, two thirds (68%) of pupils in Glasgow aimed to stay on at school or in further education after S4, while 16% aimed to get a job. West CHCP had the highest proportion of pupils aiming to stay in education (78%) and the lowest proportion aiming to get a job (12%).

Table 9.1: Plans/Views of the future – Glasgow City and each CHCP

<table>
<thead>
<tr>
<th></th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aim to stay on at school/further education</td>
<td>73.8%</td>
<td>72.8%</td>
<td>72.2%</td>
<td>78.4%</td>
<td>75.4%</td>
<td>70.2%</td>
</tr>
<tr>
<td>Aim to get a job</td>
<td>17.5%</td>
<td>20.0%</td>
<td>18.8%</td>
<td>12.3%</td>
<td>15.6%</td>
<td>20.8%</td>
</tr>
<tr>
<td>Think it is unlikely that they will have a criminal record by the time they are 20</td>
<td>68.3%</td>
<td>65.0%</td>
<td>66.6%</td>
<td>71.0%</td>
<td>69.2%</td>
<td>69.7%</td>
</tr>
<tr>
<td>Have a criminal record</td>
<td>6.7%</td>
<td>8.2%</td>
<td>7.0%</td>
<td>6.0%</td>
<td>6.4%</td>
<td>5.9%</td>
</tr>
<tr>
<td>Think it is likely that they will have a criminal record</td>
<td>6.2%</td>
<td>5.4%</td>
<td>7.2%</td>
<td>6.0%</td>
<td>5.4%</td>
<td>6.6%</td>
</tr>
</tbody>
</table>

Two thirds of pupils (68%) in Glasgow felt that it was unlikely that they would have a criminal record by the time they are 20, while 6% felt that it was likely and 7% already had a criminal record. These findings were very similar for each of the CHCPs.
GLASGOW HEALTH AND WELLBEING QUESTIONNAIRE

Thank you for agreeing to complete this questionnaire.

Remember that it is COMPLETELY CONFIDENTIAL, so you can be COMPLETELY HONEST.

Please try and complete as many of the questions as possible. The information you provide will be really helpful in trying to make improvements in the life and well-being of young people in your school, your community and across the city.

YOUR SCHOOL

1 What secondary school do you go to?
   PLEASE WRITE IN THE BOX

2 Which primary school did you go to?
   PLEASE WRITE IN THE BOX – IF YOU WENT TO MORE THAN ONE PLEASE WRITE IN THE ONE YOU WENT TO JUST BEFORE YOU STARTED SECONDARY SCHOOL

3 How old are you?
   PLEASE WRITE IN THE BOX
   YEARS OLD

4 What year group are you in?
   PLEASE TICK ONE BOX ONLY
   S1 S2 S3 S4

HOW DO YOU FEEL?

5 How have you felt about yourself in general, over the last year?
   PLEASE TICK ONE BOX ONLY
   ☑  ☐  ☐  ☐  ☐
6 How much control do you have over the way your life is going in general?  
PLEASE TICK ONE BOX ONLY

<table>
<thead>
<tr>
<th>None</th>
<th>A little</th>
<th>Some</th>
<th>A lot</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

7 How have you felt, about your health in general, over the last year?  
PLEASE TICK ONE BOX ONLY

[ ] 1  [ ] 2  [ ] 3  [ ] 4  [ ] 5

8 Here are some descriptions of feelings. Thinking about the last month, please say whether you have felt this way most of the time, sometimes or never.  
PLEASE TICK ONE BOX FOR EACH STATEMENT

<table>
<thead>
<tr>
<th>Most of the time</th>
<th>Sometimes</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

a) I’ve felt too tired to do things
b) I’ve had trouble getting to sleep
c) I’ve had trouble staying asleep
d) I’ve felt unhappy, sad or depressed
e) I’ve felt hopeless about the future
f) I’ve felt tense or nervous
g) I’ve worried too much about things

9 How much do you agree with the following?  
PLEASE TICK ONE BOX FOR EACH STATEMENT

<table>
<thead>
<tr>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly agree</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

a) I am pretty sure about myself
b) I often wish I was someone else
c) I am easy to like
d) I have a low opinion of myself
e) I am a failure
f) There are lots of things about myself that I would like to change
g) I am able to do things well
h) Most of the time I am, satisfied with myself
i) I have a number of good qualities
j) I like myself
10a Which, if any, of these things do you worry about?  
PLEASE TICK ALL THAT APPLY

<table>
<thead>
<tr>
<th>Problem</th>
<th>Box Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>School</td>
<td>□ 1</td>
</tr>
<tr>
<td>Being bullied</td>
<td>□ 2</td>
</tr>
<tr>
<td>Money problems</td>
<td>□ 3</td>
</tr>
<tr>
<td>Racism</td>
<td>□ 4</td>
</tr>
<tr>
<td>The way I look</td>
<td>□ 5</td>
</tr>
<tr>
<td>Boyfriend/Girlfriend</td>
<td>□ 6</td>
</tr>
<tr>
<td>Exams</td>
<td>□ 7</td>
</tr>
<tr>
<td>Loneliness</td>
<td>□ 8</td>
</tr>
<tr>
<td>Other (PLEASE WRITE IN)</td>
<td>□ 9</td>
</tr>
<tr>
<td>I have no worries at the moment</td>
<td>□ 10</td>
</tr>
</tbody>
</table>

10b Which one do you worry about the most?  
PLEASE TICK ONE ONLY

<table>
<thead>
<tr>
<th>Problem</th>
<th>Box Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>School</td>
<td>□ 1</td>
</tr>
<tr>
<td>Being bullied</td>
<td>□ 2</td>
</tr>
<tr>
<td>Money problems</td>
<td>□ 3</td>
</tr>
<tr>
<td>Racism</td>
<td>□ 4</td>
</tr>
<tr>
<td>The way I look</td>
<td>□ 5</td>
</tr>
<tr>
<td>Boyfriend/Girlfriend</td>
<td>□ 6</td>
</tr>
<tr>
<td>Exams</td>
<td>□ 7</td>
</tr>
<tr>
<td>Loneliness</td>
<td>□ 8</td>
</tr>
<tr>
<td>Other (PLEASE WRITE IN)</td>
<td>□ 9</td>
</tr>
</tbody>
</table>

11a Is there anyone you can talk to and trust about personal things or worries?  
PLEASE TICK ONE BOX ONLY

Yes □ 1  GO TO Q11B  No □ 2  GO TO Q12
11b Who, if any, of the following do you talk to and trust about personal things or worries?
PLEASE TICK ALL THAT APPLY

Friends
Teachers
Parents / guardians
Neighbours
Other family members
Others

12 Have you been bullied in this school in the past year?
PLEASE TICK ONE BOX ONLY

Yes
No

13 Do you ever feel afraid of going to school because of bullying?
PLEASE TICK ONE BOX ONLY

Never
Sometimes
Often
Very Often

14 Have you bullied or frightened someone in this school in the past year?
PLEASE TICK ONE BOX ONLY

Never
Sometimes
Often
Very Often

15 Have any of these things happened to you because of your skin colour in the past year?
PLEASE TICK ALL THAT APPLY

I have been hit or beaten up
I have been called names
I have been picked on
I have been treated differently to others (eg not chosen for something)
Other (PLEASE WRITE IN WHAT HAPPENED)
None of the above
16 Have any of these things happened to you because of your religion in the past year? PLEASE TICK ALL THAT APPLY

- I have been hit or beaten up □ 1
- I have been called names □ 2
- I have been picked on □ 3
- I have been treated differently to others (eg not chosen for something) □ 4
- Other (PLEASE WRITE IN WHAT HAPPENED) □ 5
- None of the above □ 6

17 ILLNESS & DISABILITY

17 Do you have any illness or disability that is likely to go on for a long time? PLEASE TICK ONE BOX ONLY

- Yes □, GO TO Q18
- No □, GO TO Q21

18 What is your illness or disability? PLEASE TICK ALL THAT APPLY

- Asthma □ 1
- Epilepsy □ 5
- Diabetes □ 2
- Injury (eg broken bones) □ 6
- Dyslexia □ 3
- Painful joints □ 7
- Eczema □ 4
- Physical disability □ 8
- Other (PLEASE WRITE IN) □ 9

19 Does this illness or disability limit what you can do? PLEASE TICK ONE BOX ONLY

- No □
- Yes – in what way(s)? □
20. Have any of these things happened to you because you have a disability in the past year?
PLEASE TICK ALL THAT APPLY

- I have been hit or beaten up
- I have been called names
- I have been picked on
- I have been treated differently to others (eg not chosen for something)
- Other (PLEASE WRITE IN WHAT HAPPENED)
- None of the above

ABOUT YOUR TEETH

21. How many times did you clean your teeth yesterday?
PLEASE TICK ONE BOX ONLY

- Not at all
- Once
- Twice
- 3 times or more

22. When did you last go to the dentist?
PLEASE TICK ONE BOX ONLY

- Within the last 6 months
- 6–12 months ago
- More than 12 months ago
- Never
- Can't remember

PHYSICAL ACTIVITY

23. How do you usually travel to school? (most days)
PLEASE TICK ONE BOX ONLY

- Walk
- Train
- Cycle
- Car
- Bus
- Other (PLEASE WRITE IN)

24. If you go to school by car, how many other children at your school are usually in the car as well?
IF YOU DO NOT GO TO SCHOOL BY CAR, PLEASE GO TO Q25
PLEASE WRITE THE NUMBER OF CHILDREN TRAVELLING IN THE CAR

Children travelling in the car
25 How many days in the past week (if any) did you walk, cycle or skate to or from school?
PLEASE TICK ONE BOX ONLY

<table>
<thead>
<tr>
<th>None</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>Every day</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

26 Do you own a bicycle?
PLEASE TICK ONE BOX ONLY

Yes [ ]  No [ ]

27 How long does it take you to travel to school (one way)?
PLEASE TICK ONE BOX ONLY

Less than 5 minutes [ ]
At least 5 minutes but less than 15 minutes [ ]
At least 15 minutes but less than half an hour [ ]
Half an hour or longer [ ]

28 If you had the choice how would you prefer to travel to school?
PLEASE TICK ONE BOX ONLY

Walk [ ]  Train [ ]
Cycle [ ]  Car [ ]
Bus [ ]  Other (PLEASE WRITE IN) [ ]

29 Including activities done at school and outside school, how many times a week do you take part in sport, exercise or physical activity that makes you breathe harder or sweat a bit?
PLEASE TICK ONE BOX ONLY

Never [ ]  GO TO Q33
Once [ ]  Twice [ ]  3 times [ ]  4 times or more [ ]

30 On average how long do each of these periods of activity last?
PLEASE TICK ONE BOX ONLY

Less than 10 mins [ ]  11–20 mins [ ]  21–30 mins [ ]  More than 30 mins [ ]
31 Do you take part in any sport, exercise or physical activity in your spare time (that is, outside of school PE lessons)?
PLEASE TICK ONE BOX ONLY

Yes 1  GO TO Q32  
No 2  GO TO Q33

32 Generally speaking, how often do you do sport / exercise in your spare time?
PLEASE TICK ONE BOX ONLY

<table>
<thead>
<tr>
<th>Once a week or less</th>
<th>Twice a week</th>
<th>Three times a week</th>
<th>Four times a week or more</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

YOUR DIET

33 Did you eat breakfast this morning?
PLEASE TICK ONE BOX ONLY

Yes 1  
No 2  GO TO Q36

34 Where did you eat your breakfast?
PLEASE TICK ONE BOX ONLY

At home 1  
In the street 3  
In the school canteen 2  Somewhere else (PLEASE WRITE IN)

35 What did you have for your breakfast this morning?
PLEASE TICK ALL THAT APPLY

A drink 1  
Sweets 5  
Cereal (including porridge) 2  
Crisps 5  
Toast or bread 3  
Other (PLEASE WRITE IN) 7  
Cooked breakfast 4

36 Did you eat anything at lunchtime yesterday? (If you were not at school yesterday, please think about the last day you were at school.)
PLEASE TICK ONE BOX ONLY

Yes 1  GO TO Q37  
No 2  GO TO Q40
37 Where did you eat lunch yesterday? (or the last day you were at school)
PLEASE TICK ONE BOX ONLY

<table>
<thead>
<tr>
<th>Option</th>
<th>Ticks</th>
</tr>
</thead>
<tbody>
<tr>
<td>In the school canteen</td>
<td>1</td>
</tr>
<tr>
<td>At home</td>
<td>4</td>
</tr>
<tr>
<td>In the school playground</td>
<td>2</td>
</tr>
<tr>
<td>In the street</td>
<td>5</td>
</tr>
<tr>
<td>Somewhere else in the school</td>
<td>3</td>
</tr>
<tr>
<td>Somewhere else (PLEASE WRITE IN)</td>
<td></td>
</tr>
</tbody>
</table>

38 What did you have for lunch yesterday? (or the last day you were at school)
PLEASE TICK ALL THAT APPLY

<table>
<thead>
<tr>
<th>Option</th>
<th>Ticks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard meal (eg meat, vegetable, potatoes)</td>
<td>1</td>
</tr>
<tr>
<td>Pasta / Salad</td>
<td>4</td>
</tr>
<tr>
<td>Sandwich / filled roll</td>
<td>2</td>
</tr>
<tr>
<td>Soup</td>
<td>3</td>
</tr>
<tr>
<td>Snack meal (eg burger, hot-dog, chips)</td>
<td>3</td>
</tr>
<tr>
<td>Sweets / crisps</td>
<td>6</td>
</tr>
<tr>
<td>Something else (PLEASE WRITE IN)</td>
<td></td>
</tr>
</tbody>
</table>

39 What drink or drinks did you have during lunch time yesterday? (or the last day you were at school)
PLEASE TICK ALL THAT APPLY

<table>
<thead>
<tr>
<th>Option</th>
<th>Ticks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nothing to drink</td>
<td>1</td>
</tr>
<tr>
<td>Juice drink (eg Ribena, Oasis, Sunny Delight)</td>
<td>6</td>
</tr>
<tr>
<td>Fizzy Drink (eg regular Irn Bru)</td>
<td>2</td>
</tr>
<tr>
<td>Milk (full fat)</td>
<td>7</td>
</tr>
<tr>
<td>Diet Fizzy Drink</td>
<td>3</td>
</tr>
<tr>
<td>Milk (low fat, eg semi-skimmed / skimmed)</td>
<td>8</td>
</tr>
<tr>
<td>Water</td>
<td>4</td>
</tr>
<tr>
<td>Tea / Coffee</td>
<td>9</td>
</tr>
<tr>
<td>Fruit juice</td>
<td>5</td>
</tr>
<tr>
<td>Something else (PLEASE WRITE IN)</td>
<td>10</td>
</tr>
</tbody>
</table>

40 How many portions of fruit did you eat yesterday?
(A portion of fruit would be something like 1 banana or 1 apple or 1 slice of melon or 2 satsumas. A glass of fruit juice also counts as one portion)
PLEASE WRITE THE NUMBER OF PORTIONS IN THE BOX

[ ] Portions

41 How many portions of vegetable or salad (not potatoes) did you eat yesterday?
(A portion of vegetables would be something like a large spoonful of carrots or baked beans and includes fresh, frozen or tinned vegetables)
PLEASE WRITE THE NUMBER OF PORTIONS IN THE BOX

[ ] Portions
42 Which of the following best describes you? PLEASE TICK ONE BOX ONLY

- I have never tried smoking
- I have only tried smoking once or twice
- I used to smoke but I have given up
- I smoke some days
- I smoke every day

GO TO Q49

GO TO Q43

43 If you smoke every day, please write in the number of cigarettes you smoke in an average day.

PLEASE WRITE IN THE BOX

Cigarettes per day

44 How old were you when you had your first puff of a cigarette?

PLEASE WRITE IN THE BOX

YEARS OLD

45 Where do you usually get your cigarettes from?

PLEASE TICK ALL THAT APPLY

- I buy them from shop
- I buy them from people I know
- I buy them from a machine
- A friend, who is my age, buys them
- A friend, who is older than me, buys them
- I ask someone I don’t know to buy them
- I take them from a family member without their knowledge
- A friend gives them to me
- Other PLEASE WRITE IN

Cigarettes per week
46 How much do you usually spend on cigarettes in an average week?
PLEASE TICK ONE BOX ONLY

Less than £5
Between £5–£10
Between £11 and £15
Between £16 and £20
£21 or more
Nothing

47 Where do you get the money to buy cigarettes?
PLEASE TICK ALL THAT APPLY

Pocket money
Wages from a part-time job
From my parents / guardian
From my brothers/ sisters
From another family member
I use my dinner money
I steal it
Other (PLEASE WRITE IN)

48 Would you like to stop smoking? PLEASE TICK ONE BOX ONLY

Yes
Possibly
No

49 Does anyone in your home smoke? PLEASE TICK ONE BOX ONLY

Yes
No

50 Do any of your friends smoke? PLEASE TICK ONE BOX ONLY

Yes
No
DRINKING ALCOHOL

51 How often do you drink alcohol? PLEASE TICK ONE BOX ONLY

Never 1
go to q55 and read paragraph

Once a week or more 2

Every 1 – 2 weeks 3
go to q52

Every 3 – 4 weeks 4

Once every 2 – 3 months 5

Less often (once or twice a year) 6

52 Which of the following do you drink? PLEASE TICK ALL THAT APPLY

Beer / Lager / Cider 1

Shandy (lemonade and beer) 2

Alcohol fizzy drinks or Alcopops (WKD, Bacardi Breezers) 3

Wine (Red, White, Rose) 4

Spirits (Vodka, Whisky) 5

Fortified wine / sherry (Buckfast, Martini) 6

Other (PLEASE WRITE IN) 7

53 How often would you say you get drunk? PLEASE TICK ONE BOX ONLY

Never or rarely 1

twice a week 4

Once or twice a month 2

Most days 5

Once a week 3

Don’t know 6

54 How much do usually spend on alcohol per week? PLEASE TICK ONE BOX ONLY

Nothing 1

£11 – £15 5

Under £2 2

£16 – £20 6

£2 – £5 3

More than £20 7

£6 – £10 4
**DRUGS**

**PLEASE READ THIS FIRST**

We would now like to ask you some questions about drugs. By drugs we mean those that are not available in the shops or prescribed from a doctor (ie non prescription drugs). We are also interested in things that can be misused such as solvents and glue.

All information you provide will be kept anonymously and treated confidentially. The police will not be informed of any responses to this survey. It is used to plan NHS services.

55 Have you ever taken non-prescription drugs?  
**PLEASE TICK ONE BOX ONLY**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td></td>
</tr>
</tbody>
</table>

56 Which, if any, of these drugs have you taken in the last year?  
**PLEASE TICK ALL THAT APPLY**

<table>
<thead>
<tr>
<th>Drug</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
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<th>10</th>
<th>11</th>
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<th>13</th>
<th>14</th>
<th>15</th>
<th>16</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cannabis (Marijuana, dope, hash, blow, joints, wacky baccy)</td>
<td></td>
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<tr>
<td>Gas, glue or other solvents (Tipp-Ex, lighter fuel, aerosols to inhale or sniff)</td>
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<tr>
<td>Amphetamines (Speed, Whizz, Sulph)</td>
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<td>LSD (acid, tabs, trips)</td>
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<tr>
<td>Ecstasy (E, Eccies, XTC)</td>
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<td>Cyroban (Cy / Cyber)</td>
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<tr>
<td>Poppers (Amyl Nitrates, Liquid Gold, Rush)</td>
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<tr>
<td>Tranquillisers (Downers, Jellies, Valium, Temazapan, Eggs)</td>
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<tr>
<td>Heroin (Smack, Skag, Gear, H)</td>
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<tr>
<td>Magic Mushrooms (Shrooms)</td>
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<tr>
<td>Methadone (Linctus, Physeptone, Meth)</td>
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<td>Crack (Rock, Stone)</td>
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<td>Cocaine (Coke, Charlie, C)</td>
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<tr>
<td>Anabolic Steroids (Roids)</td>
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<tr>
<td>Other drugs that would not be given to you by a doctor or chemist (PLEASE WRITE IN)</td>
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</tbody>
</table>

None in the last year
57 Do you go to a local youth club or centre?  PLEASE TICK ONE BOX ONLY

Yes  
No – I don’t know of one that I could go to  
No – but I know of one that I could go to  
GO TO Q59

58 Is there anything stopping you, or putting you off going to a youth club or centre? PLEASE WRITE IN THE BOX

59 Are you aware of a health service in or near to your school that is for young people only?  PLEASE TICK ONE BOX ONLY

No  
Yes – PLEASE WRITE IN ITS NAME

60 Have you heard of ChildLine?  PLEASE TICK ONE BOX ONLY

No  
Yes, and I would phone ChildLine if I needed to  
Yes, but I would not phone ChildLine even if I needed to  

61 Have you heard of the Sandyford Initiative?  PLEASE TICK ONE BOX ONLY

Yes  
GO TO Q62

No  
GO TO Q63

62 Please say in one sentence what you think Sandyford provides?  PLEASE WRITE IN THE BOX


63 Have you heard of The Place at Sandyford?  
PLEASE TICK ONE BOX ONLY  
Yes □  GO TO Q64  
No □  GO TO Q65  

64 Please say in one sentence what you think The Place at Sandyford provides?  PLEASE WRITE IN THE BOX  

65 Do you currently hold a Glasgow Young Scot Card?  
PLEASE TICK ONE BOX ONLY  
Yes □  GO TO Q66  
No □  GO TO Q67  

66 Have you used it for any of the following activities?  
PLEASE TICK ALL THAT APPLY  
Free Swimming □  
Glasgow Film Theatre / Cinema □  
Holiday Programme Activities □  
Discounts in shops □  
First Bus ‘Get Around for a £1’ (Summer Promotion) □  
Discounts in Leisure Centres □  
Fuelzone / healthy eating points □  
Other (PLEASE WRITE IN BELOW) □  
Borrowed books / CDs or DVDs □  
Science Centre □  
None of these □  

67 Have you been to any of the following in the last year?  
PLEASE TICK ALL THAT APPLY  
Museum □  
Sports Centre □  
Library □  
Community Centre □  
None of these □  
GO TO Q69  

68 Which one facility do you visit most often?  PLEASE TICK ONE BOX ONLY  
Museum □  
Sports Centre □  
Library □  
Community Centre □
69 How often do you go to the swimming pool? 
PLEASE TICK ONE BOX ONLY

- Once a week or more [ ]
- Once every 2 – 3 months [ ]
- Every 1 – 2 weeks [ ]
- Less often (one or twice a year) [ ]
- Every 3 – 4 weeks [ ]
- Never [ ]

70 Can you swim? PLEASE TICK ONE BOX ONLY

- Yes [ ]
- No [ ]

---

**BEHAVIOUR**

71 Which, if any, of these things have you done in the last year? 
PLEASE TICK ALL THAT APPLY

- Dogging / missing / skipping school [ ]
- Carrying a weapon in school [ ]
- Shoplifting [ ]
- Drug dealing [ ]
- Fighting someone [ ]
- Vandalising others’ property / graffiti [ ]
- Gang fighting [ ]
- Breaking into a school, shop, or another person’s home [ ]
- Threatening / bullying / harassing a person [ ]
- None of these [ ]
- Carrying a weapon outside school [ ]

---

**HOME**

72 Do you have a computer at home? PLEASE TICK ONE BOX ONLY

- Yes [ ]
- No [ ]

73 Are you allowed to use your computer at home? 
PLEASE TICK ONE BOX ONLY

- Yes [ ]
- No [ ]

74 Do you have access to the internet at home? 
PLEASE TICK ONE BOX ONLY

- Yes [ ]
- No [ ]
75 How long do you spend on a computer on an average day? PLEASE WRITE THE AVERAGE NUMBER OF HOURS IN THE BOX

[ ] HOURS

76 Does anyone in your family have any of the following? PLEASE TICK ALL THAT APPLY

- A disability [ ]
- A long-term illness [ ] GO TO Q77
- A drug or alcohol problem [ ]
- None of these [ ] GO TO Q80

77 Do you ever look after or care for them? PLEASE TICK ONE BOX ONLY

Yes [ ] GO TO Q78
No [ ] GO TO Q80

79 How, if at all, do your caring responsibilities affect you? PLEASE TICK ALL THAT APPLY

- No effect at all [ ]
- Helps me organise my time [ ]
- Sometimes unable to do homework [ ] Makes me tired [ ]
- Sometimes miss school [ ] It can be lonely [ ]
- Sometimes get bullied at school [ ] It makes me feel stressed [ ]
- Makes it difficult to make friends [ ] It makes me feel anxious [ ]
- I can’t join clubs [ ] Other (PLEASE WRITE IN)
- Sometimes makes me late for school [ ]

80 Do you have a part-time job? PLEASE TICK ONE BOX ONLY

Yes [ ] GO TO Q81
No [ ] GO TO Q83

81 What job do you do? PLEASE TICK ALL THAT APPLY

- Paper / Milk round [ ]
- Gardening / car washing [ ]
- Food outlet (eg serving food) [ ] General delivery [ ]
- Shop work / hairdressing junior [ ] Other (PLEASE WRITE IN)
- Babysitting [ ]
82 Have any of the following ever happened to you? PLEASE TICK ALL THAT APPLY

Your parents split up 1
Someone close to you died 2
You lived away from your parents 3
You lived in care / foster care / home 4
You lived between two or more homes 5
You have been seriously ill 6
Someone close to you was seriously ill 7
The parent you live with got a new partner 8
None of the above 9

GO TO Q84

GO TO Q86

83 Would you say that any of these events are bothering / having an effect on you at the moment? PLEASE TICK ONE BOX ONLY

Yes  GO TO Q85
No  GO TO Q86

84 What effect is it / are they having on you? PLEASE WRITE IN THE BOX
86 What do you hope to do as soon as you finish school (at the end of S4)?
PLEASE TICK ONE ONLY

- Go to further education / college / stay at school
- Take a gap year
- Obtain training or join a training scheme
- Get a job
- Have a baby / look after my child(ren)
- Don’t know
- Other (PLEASE WRITE IN)

87 How likely do you think it is that you will be charged, fined or have a criminal record by the time you are 20?
PLEASE TICK ONE BOX ONLY

- Not likely
- Likely
- I have one already
- Don’t know

88 Do your parents / carers encourage you to do your best at school?
PLEASE TICK ONE BOX ONLY

- Yes
- No

89 Do your parents / carers encourage you to think about your future (eg getting a job, going to college or university)?
PLEASE TICK ONE BOX ONLY

- Yes
- No

90 Does your school encourage you to do as well as you can?
PLEASE TICK ONE BOX ONLY

- Yes
- No
91 How well do you think your school has prepared you for the future?
PLEASE TICK ONE BOX ONLY

<table>
<thead>
<tr>
<th>Very well</th>
<th>Fairly well</th>
<th>Not very well</th>
<th>Not at all well</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

92 Have you done any of the following through school?
PLEASE TICK ALL THAT APPLY

Work placement | CV (Curriculum Vitae) preparation
---------------|-----------------------------
1              | 4                          |
Careers guidance | Job search
2              | 3                          |
Employer visits | Something else related to getting a job / working
3              | 6                          |

93 What, if anything, could your school do better or differently to improve your health and happiness?
PLEASE TICK ALL THAT APPLY

Provide nicer / healthier food in canteen
Provide support e.g. buddy or mentoring schemes
1              | 8                          |
Teach personal, social, and health education (PSHE)
Encourage respect between teachers / staff and pupils
2              | 9                          |
Have outside agencies / people teaching PSHE
Improve school buildings or grounds
3              | 10                         |
Provide more choice in PE / longer PE sessions
Improve school corridors, classrooms or toilets
4              | 11                         |
Tell us more about health issues, eg using posters or an assembly
Something else (PLEASE WRITE IN)
5              |                            |
Provide and encourage activities and clubs outside school hours
Provide a drop-in centre where we can ask about health issues
6              | 7                          |
7              | 12                         |
8              | 13                         |

94 Are you...? PLEASE TICK ONE BOX ONLY

Male                     Female
1                          2
95 Which of these best describes you? PLEASE TICK ONE BOX ONLY

I live with my mum and dad
I live with my dad and his wife / partner
I spend some time living with my mum and some time living with my dad
I live with just my mum
I live with just my dad
I live with my mum and her husband / partner

I live with my grandparent(s)
I live with foster parents
I am in care
Other
(PLEASE WRITE IN)

96 To which of these groups do you consider you belong? PLEASE TICK ONE BOX IN ONE SECTION ONLY

a) White
Scottish
Other British
Irish
Other White background (PLEASE WRITE IN BOX)

b) Black, Black Scottish or Black British
Caribbean
African
Other Black background (PLEASE WRITE IN BOX)

c) Asian, Asian Scottish or Asian British
Indian
Pakistan
Bangladesh
Other Asian background (PLEASE WRITE IN BOX)

d) Other mixed background

e) Other ethnic background
Chinese
Other Ethnic background (PLEASE WRITE IN BOX)
97a Would you describe yourself as an Asylum Seeker?
PLEASE TICK ONE BOX ONLY

Yes [ ]
No [ ]

97b If you have you come to Scotland from one of the following countries in the last three years, please tick which country?
PLEASE TICK ONE BOX ONLY

- Czech Republic [ ]
- Estonia [ ]
- Hungary [ ]
- Latvia [ ]
- Lithuania [ ]
- Poland [ ]
- Slovakia [ ]
- Slovenia [ ]

98 What is your full postcode?
For example, if your postcode was G27 2LD you would enter:

PLEASE WRITE IN THE BOXES
THANK YOU FOR TAKING PART IN THIS SURVEY

Please place the completed questionnaire in the envelope provided ready for collection.

Please hand it in to your supervisor when you have completed it.
### Appendix B – Base Numbers for Tables

Base Numbers for Tables in Chapters 2-9: Glasgow City and CHCPs

<table>
<thead>
<tr>
<th>Question</th>
<th>Glasgow City</th>
<th>North CHCP</th>
<th>East CHCP</th>
<th>West CHCP</th>
<th>South East CHCP</th>
<th>South West CHCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q95 (family composition)</td>
<td>8416</td>
<td>1517</td>
<td>2095</td>
<td>1823</td>
<td>1343</td>
<td>1638</td>
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<tr>
<td>Q76 (whether family member has disability, long-term illness or drug/alcohol problem)</td>
<td>8720</td>
<td>1583</td>
<td>2174</td>
<td>1893</td>
<td>1388</td>
<td>1682</td>
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<tr>
<td>Q77 (for those answering yes to Q76, do you care for them?)</td>
<td>2549</td>
<td>454</td>
<td>698</td>
<td>556</td>
<td>376</td>
<td>465</td>
</tr>
<tr>
<td>Q7 How felt about health in general in last year</td>
<td>9023</td>
<td>1646</td>
<td>2244</td>
<td>1966</td>
<td>1440</td>
<td>1727</td>
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<tr>
<td>Q17 – Whether have long term illness or disability</td>
<td>8745</td>
<td>1592</td>
<td>2185</td>
<td>1898</td>
<td>1399</td>
<td>1671</td>
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<tr>
<td>Q18 (for those answering yes at Q17) asthma/eczema</td>
<td>1913</td>
<td>345</td>
<td>452</td>
<td>423</td>
<td>304</td>
<td>389</td>
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<tr>
<td>Self Esteem – Males</td>
<td>3693</td>
<td>684</td>
<td>938</td>
<td>712</td>
<td>612</td>
<td>747</td>
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<tr>
<td>Self Esteem - Females</td>
<td>4019</td>
<td>678</td>
<td>969</td>
<td>977</td>
<td>594</td>
<td>801</td>
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<td>Q21 – How many times cleaned teeth yesterday</td>
<td>9119</td>
<td>1665</td>
<td>2272</td>
<td>1985</td>
<td>1457</td>
<td>1740</td>
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<td>Indicator for physical activity (responses to Q29 and Q30)</td>
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<td>1619</td>
<td>2255</td>
<td>1960</td>
<td>1448</td>
<td>1732</td>
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<tr>
<td>Fruit and veg consumption (responses to Q40 and Q41)</td>
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<td>1572</td>
<td>2158</td>
<td>1860</td>
<td>1365</td>
<td>1654</td>
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<tr>
<td>Q42 (Smoking)</td>
<td>Glasgow City</td>
<td>North CHCP</td>
<td>East CHCP</td>
<td>West CHCP</td>
<td>South East CHCP</td>
<td>South West CHCP</td>
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<td>8919</td>
<td>1611</td>
<td>2225</td>
<td>1954</td>
<td>1428</td>
<td>1701</td>
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<tr>
<td>Q42 (Smoking) S4</td>
<td>2074</td>
<td>321</td>
<td>481</td>
<td>438</td>
<td>393</td>
<td>441</td>
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<td>Proportion of S4s who get drunk (derived from Q51 and Q53)</td>
<td>1971</td>
<td>308</td>
<td>464</td>
<td>414</td>
<td>365</td>
<td>420</td>
</tr>
<tr>
<td>Whether taken drugs in last year (derived from Q55 and Q56)</td>
<td>8709</td>
<td>1577</td>
<td>2171</td>
<td>1888</td>
<td>1384</td>
<td>1689</td>
</tr>
<tr>
<td>Whether taken drugs in last year (derived from Q55 and Q56) – S4</td>
<td>2021</td>
<td>318</td>
<td>473</td>
<td>426</td>
<td>371</td>
<td>433</td>
</tr>
<tr>
<td>Types of Drugs Taken (Those who had used any)</td>
<td>1582</td>
<td>290</td>
<td>440</td>
<td>331</td>
<td>255</td>
<td>266</td>
</tr>
<tr>
<td>Q71 (Anti Social Behaviour)</td>
<td>8597</td>
<td>1564</td>
<td>2136</td>
<td>1857</td>
<td>1382</td>
<td>1658</td>
</tr>
<tr>
<td>Q71 (Anti Social Behaviour) – S4</td>
<td>2018</td>
<td>312</td>
<td>469</td>
<td>423</td>
<td>378</td>
<td>436</td>
</tr>
<tr>
<td>Q12 (Experience of bullying)</td>
<td>9022</td>
<td>1651</td>
<td>2252</td>
<td>1960</td>
<td>1438</td>
<td>1724</td>
</tr>
<tr>
<td>Q72 (Whether have a computer)</td>
<td>8955</td>
<td>1634</td>
<td>2230</td>
<td>1937</td>
<td>1431</td>
<td>1723</td>
</tr>
<tr>
<td>Q74 (Whether access to internet)</td>
<td>8840</td>
<td>1607</td>
<td>2205</td>
<td>1919</td>
<td>1418</td>
<td>1691</td>
</tr>
<tr>
<td>Q60 (Whether aware of Childline)</td>
<td>8879</td>
<td>1599</td>
<td>2206</td>
<td>1936</td>
<td>1422</td>
<td>1716</td>
</tr>
<tr>
<td>Of these, whether would use Childline</td>
<td>8383</td>
<td>1484</td>
<td>2097</td>
<td>1835</td>
<td>1336</td>
<td>1631</td>
</tr>
<tr>
<td>Q61 (Whether heard of Sandyford Initiative)</td>
<td>8894</td>
<td>1592</td>
<td>2225</td>
<td>1941</td>
<td>1425</td>
<td>1711</td>
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<tr>
<td>Q63 (Whether heard of The Place at Sandyford Initiative)</td>
<td>8869</td>
<td>1547</td>
<td>2102</td>
<td>1777</td>
<td>1396</td>
<td>1677</td>
</tr>
<tr>
<td>Q65 (Whether hold Young Scot card)</td>
<td>9006</td>
<td>1627</td>
<td>2261</td>
<td>1946</td>
<td>1438</td>
<td>1734</td>
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<tr>
<td>Q86 What hope to do after S4</td>
<td>7617</td>
<td>1365</td>
<td>1872</td>
<td>1669</td>
<td>1218</td>
<td>1493</td>
</tr>
<tr>
<td>Q87 How likely that you will have a criminal record</td>
<td>8747</td>
<td>1581</td>
<td>2195</td>
<td>1886</td>
<td>1385</td>
<td>1700</td>
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